



ODE CNP CACFP Menu Form



January 2-6, 2023

Sponsor name/site name Gentog Menu C 2022

Month and Year

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Happy New Year!	Yogurt w/granola Toast (WW) Peaches Whole or 1% Milk	Orange Rolls Cheerios Fruit Cocktail Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Applesauce Whole or 1% Milk	Cereal Toast (WW) Pineapple Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Center	English Muffins Melted Cheese	Ritz Crackers Sliced Cheddar Cheese	String Cheese Pineapple	Yogurt Pretzels
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Closed	Cheeseburgers (Meat, Cheese, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Pancakes Scrambled Eggs Sausage Links Hash Browns Applesauce Whole or 1% Milk	Chicken Pot Pie Casserole w/Mixed Vegetables (HM) Bread (WG) Fruit Cocktail Whole or 1% Milk	Hamburger Tacos/Taco Salad Corn Corn Chips (WG) Refried Beans Peaches Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 		Rice Cakes Orange Slices	Teddy Grahams Whole or 1% Milk	Bananas Graham Crackers	Ritz Crackers Cheddar Cheese Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.