



# ODE CNP CACFP Menu Form



Sponsor name/site name 2026 Week 2

Month and Year Oct 12<sup>th</sup> – 17<sup>th</sup>, 2026

| Meal Patterns                                                                                                                                                                               | Monday                                                                                                                        | Tuesday                                                                                                                                                           | Wednesday                                                                                                                     | Thursday                                                                                                                                                                                  | Friday                                                                                                                |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b> <ul style="list-style-type: none"><li>• Grains, or meat/meat alternate (no more than 3 times per week)</li><li>• Vegetables or Fruits</li><li>• Fluid Milk</li></ul>       | Scrambled Eggs<br>Toast (WW)<br>Pears<br>Whole or 1% Milk                                                                     | Light Vanilla NF Yogurt (w/granola for seniors)<br>Toast (WW)<br>Peaches<br>Whole or 1% Milk                                                                      | Pancakes<br>Applesauce<br>Whole or 1% Milk                                                                                    | Sandwich – (WW) English Muffin w/Sausage<br>Mandarin Oranges<br>Whole or 1% Milk                                                                                                          | <b>Center Closed During The Day for Staff Training Day.</b><br><br><b>Fun Friday – Evening Care Open at 5pm – 9pm</b> |
| <b>AM Snack</b><br>(Select 2 of 5 components)                                                                                                                                               | Cheez It Crackers<br>String Cheese                                                                                            | English Muffins<br>Cheddar Cheese Slices                                                                                                                          | Raisin Toast<br>String Cheese                                                                                                 | Cottage Cheese<br>Wheat Thins                                                                                                                                                             |                                                                                                                       |
| <b>Lunch</b> <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits/Veg</li><li>• Grains</li><li>• Other Foods</li></ul> | Lasagna w/meat<br><i>Alt: Tofu Goulash Veggie w/ Marinara Sauce</i><br>Green Beans<br>Bread (WW)<br>Pears<br>Whole or 1% Milk | Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce)<br><i>Alt: Plant Based Meatballs Balls w/ Enchilada Sauce</i><br>Corn<br>Peaches<br>Whole or 1% Milk | BBQ (Pork) Sandwiches (Buns)<br><i>Alt: Smashed Veggie Sandwiches</i><br>Chips<br>Cole Slaw<br>Peaches<br>Whole or 1% Milk    | Chicken Chow Mein (HM) (Grilled Chicken, Green peppers, carrots, Onions, cabbage, noodles)<br><i>Alt: Chow Mein w/ Tofu &amp; Veggies</i><br>Bread (WG)<br>Applesauce<br>Whole or 1% Milk |                                                                                                                       |
| <b>PM Snack</b><br>(Select 2 of 5 components)                                                                                                                                               | Graham Crackers<br>Apple Butter Dip                                                                                           | Vanilla Wafers<br>Banana Slices                                                                                                                                   | Triscuits<br>Orange Slices                                                                                                    | Goldfish Crackers<br>Sliced Apples                                                                                                                                                        |                                                                                                                       |
| <b>Saturday Am Snack:</b>                                                                                                                                                                   |                                                                                                                               |                                                                                                                                                                   | <b>Saturday Lunch:</b>                                                                                                        |                                                                                                                                                                                           |                                                                                                                       |
| Light Vanilla NF Yogurt<br>Toast (WW)                                                                                                                                                       |                                                                                                                               |                                                                                                                                                                   | Lasagna w/meat<br><i>Alt: Tofu Goulash Veggie w/ Marinara Sauce</i><br>Green Beans<br>Bread (WW)<br>Pears<br>Whole or 1% Milk |                                                                                                                                                                                           |                                                                                                                       |

Note: Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.