



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog – Menu Z 2025

Month and Year September 22-26, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"><li>• Grains, or meat/meat alternate (no more than 3 times per week)</li><li>• Vegetables or Fruits</li><li>• Fluid Milk</li><li>• Other Foods</li></ul>	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits</li><li>• Grains</li></ul>	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
<b>Lunch</b> <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits/Veg</li><li>• Grains</li><li>• Other Foods</li></ul>	Grilled Cheese (WW) (Meat Alt) Tossed Salad Tomato Soup Pineapple Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Fruit Cocktail Whole or 1% Milk	Beef Stew w/carrots Potatoes & peas Bread (WW) Peaches Whole or 1% Milk	Spaghetti & Meatballs Mixed Vegetables Bread (WW) Mandarin Oranges Whole or 1% Milk	Chicken Fingers (CP) Tater Tots Bread (WW) Green Beans Pears Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits</li><li>• Grains</li></ul>	Vanilla Wafers Banana Slices	Graham Crackers Apple Butter Dip	Ritz Crackers Cheese Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.