



ODE CNP CACFP Menu Form



Sponsor name/site name

FALL 2025 MENU E

Month and Year

Jan 12th – 16th, 2026

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none">• Grains, or meat/meat alternate (no more than 3 times per week)• Vegetables or Fruits• Fluid Milk• Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits/Veg• Grains• Other Foods	Chicken Fingers (CP) Potato Wedges Bread (WW) Green Beans Pears Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) Chips Cole Slaw Peaches Whole or 1% Milk	Chicken Chow Mein(HM) (Grilled Chicken, Green peppers, carrots, Onions, cabbage, noodles) Bread (WG) Applesauce Whole or 1% Milk	Spaghetti & Meatballs Mixed Vegetables Bread (WW) Mandarin Oranges Whole or 1% Milk	Grilled Cheese (WW) (Meat Alt) Tossed Salad Tomato Soup Fruit Cocktail Whole or 1% Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none">• Fluid Milk• Meat or meat alternate• Vegetables• Fruits• Grains	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.