



ODE CNP CACFP Menu Form



Sponsor name/site name 2026 Week 3

Month and Year Oct 19th – 24th, 2026

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - Grains, or meat/meat alternate (no more than 3 times per week) - Vegetables or Fruits - Fluid Milk	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select 2 of 5 components)	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch - Fluid Milk - Meat or meat alternate - Vegetables - Fruits/Veg - Grains - Other Foods	Cheeseburgers (meat, cheese, lettuce & tomato) <i>Alt: Veggie Burger</i> French Fries Broccoli Pears Whole or 1% Milk	Sweet & Sour Chicken <i>Alt: Plant Based Meatballs w/ Sweet & Sour Sauce</i> With Rice, Peas & Carrots (HM) Bread (WW) Peaches Whole or 1% Milk	Spaghetti & Meatballs <i>Alt: Spaghetti & Plant Based Meatballs</i> Mixed Vegetables Bread (WW) Mandarin Oranges Whole or 1% Milk	Chicken Macaroni & Cheese (HM) <i>Alt: Macaroni w/ Plant Based Meat Balls & Marinara Sauce</i> Broccoli Bread (WW) Mandarin Oranges Whole or 1% Milk	Grilled Cheese (WW) (Meat Alt) <i>Alt: Peanut Butter & Jelly (WW) (Meat Alt)</i> Tossed Salad Tomato Soup Fruit Cocktail Whole or 1% Milk
PM Snack (Select 2 of 5 components)	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick
Saturday Am Snack:			Saturday Lunch:		
Light Vanilla NF Yogurt Toast (WW)			Spam Fried Rice (HM) with Mixed Vegetables <i>Alt: Plant Based Meatballs w/ Sweet & Sour Sauce w/ Rice</i> Bread (WW) Applesauce Whole or 1% Milk		

Note: Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.