

ODE CNP CACFP Menu Form



Sponsor name/site name

Gentog - Menu Y 2025

Month and Year August 4th – 8th, 2025

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Tropical Fruit Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Peaches Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Mandarin Oranges Whole or 1% Milk
AM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast Applesauce	Cottage Cheese Pineapple	Yogurt Pretzels
 Lunch Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Salisbury Steak Mashed Potatoes Bread (WW) Green Beans Pineapple Whole or 1% Milk	Ravioli Tossed Salad w/ Italian Dressing Italian Bread Fruit Cocktail Whole or 1% Milk	Swedish Meatballs (Beef) (CP) over noodles Broccoli Bread (WW) Peaches Whole or 1% Milk	Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce) Corn Mandarin Oranges Whole or 1% Milk	Sloppy Joes Sandwiches Carrots Pickles Corn Chips Pears Whole or 1% Milk
PM Snack (Select two of these five components) • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains	Quesadillas	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Goldfish Crackers Sliced Apples	Triscuits Orange Slices

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items. This institution is an equal opportunity provider.