



# ODE CNP CACFP Menu Form



Sponsor name/site name

FALL 2025 – MENU F

Month and Year

Jan 19<sup>th</sup> – Jan 23<sup>rd</sup> 2026

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <ul style="list-style-type: none"><li>• Grains, or meat/meat alternate (no more than 3 times per week)</li><li>• Vegetables or Fruits</li><li>• Fluid Milk</li><li>• Other Foods</li></ul>		Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits</li><li>• Grains</li></ul>	<b>Center Closed: Monday, Jan 19<sup>th</sup> For MLK Day</b>	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
<b>Lunch</b> <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits/Veg</li><li>• Grains</li><li>• Other Foods</li></ul>		Meatloaf (HM) Tater Tots Green Beans Bread (WW) Peaches Whole or 1% Milk	BBQ Chicken Potato Salad (HM) Whole Wheat Dinner Rolls (WG) Green Beans Applesauce Whole or 1% Milk	Baked Ham Slices Potatoes Au Gratin Broccoli Mandarin Oranges Bread (WW) Whole or 1% Milk	Scrambled Eggs Sausage Links Potatoes O'Brien Pancakes Fruit Cocktail Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"><li>• Fluid Milk</li><li>• Meat or meat alternate</li><li>• Vegetables</li><li>• Fruits</li><li>• Grains</li></ul>		Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.