



ODE CNP CACFP Menu Form



Sponsor name/site name _____ Week 4 _____ Month and Year September 14th – 19th - 2026 _____

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast - Grains, or meat/meat alternate (no more than 3 times per week) - Vegetables or Fruits - Fluid Milk	Scrambled Eggs Toast (WW) Pears Whole or 1% Milk	Light Vanilla NF Yogurt (w/granola for seniors) Toast (WW) Peaches Whole or 1% Milk	Pancakes Applesauce Whole or 1% Milk	Sandwich – (WW) English Muffin w/Sausage Mandarin Oranges Whole or 1% Milk	Cereal Choice – Oatmeal or Cheerios Toast (WW) Fruit Cocktail Whole or 1% Milk
AM Snack (Select 2 of 5 components)	Cheez It Crackers String Cheese	English Muffins Cheddar Cheese Slices	Raisin Toast String Cheese	Cottage Cheese Wheat Thins	Yogurt Pretzels
Lunch - Fluid Milk - Meat or meat alternate - Vegetables - Fruits/Veg - Grains - Other Foods	Chicken Enchiladas (HM) (chicken, tortillas, cheese & sauce) <i>Alt: Plant Based Meatballs Balls w/ Enchilada Sauce</i> Corn Peaches Whole or 1% Milk	Pork & Broccoli over Rice <i>Alt: Tofu w/ Broccoli over Rice</i> Bread (WW) Peaches Whole or 1% Milk	Beef Taco Salads w/ lettuce, tomatoes, cheese <i>Alt: Veggie Taco Salad</i> Refried Beans Corn Tortilla Chips Fruit Cocktail Whole or 1% Milk	Ravioli & Cheese <i>Alt: Veggie Sweet & Sour w/ Rice</i> Tossed Salad w/ Italian Dressing Italian Bread Mandarin Oranges Whole or 1% Milk	BBQ (Pork) Sandwiches (Buns) <i>Alt: Smashed Veggie Sandwiches</i> Chips Cole Slaw Peaches Whole or 1% Milk
PM Snack (Select 2 of 5 components)	Graham Crackers Apple Butter Dip	Vanilla Wafers Banana Slices	Triscuits Orange Slices	Goldfish Crackers Sliced Apples	Ritz Crackers Beef Stick
Saturday Am Snack:			Saturday Lunch:		
Light Vanilla NF Yogurt Toast (WW)			Swedish Meatballs (Beef) (CP) over noodles <i>Alt: Plant Based Meatballs over noodles</i> Broccoli Bread (WW) Applesauce Whole or 1% Milk		

Note: Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.