

# التذكيرة

## AT-TAZKIRAH THE REMINDER

“And keep reminding, because reminding benefits the believers (51:55)”

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

### The Importance of daily Ma'mulaat & Tahajjud

قال رسول الله صلى الله عليه وسلم: واستعينوا بالغدوة والروحة وشئ من الدلجة (رواه البخارى)

Rasulullah صلى الله عليه وسلم said: “Seek help in the morning, afternoon, and in the portion of the night”. (Bukhari)

During earlier times when the journey was on horseback, camels etc. A traveller used to take advantage of these three times to make his journey easy and fruitful.

- *Early Morning*
- *Evening*
- First and last portion of the night

The above three times are such times when a traveller is fresh as he has taken a good rest, plus he avoids the scorching heat of the sun.

Similarly, a Saalik (a person who is on a spiritual journey) should also take advantage from these times, and engage himself in worship, as these three times are times of ease. He would also be fresh due to having taken a good rest.

This is the reason why our elders have prescribed us morning, evening Ma'mulaat (daily practices) along with Tahajjud (special Salah) during the latter part of the night.

Note: Five-time daily Salāh also fall in these times.

Muhaddith, Shaykh Fazlur Rahman Azmi Saheb دامت برکاته also advises his murids (disciples) that Tasbeehaat should be done during the morning and evening when a person is at ease and fresh. Rather than a state in which his mind would be occupied due to fatigue or hunger. Shaykh Al-Hadith دامت برکاته also emphasises on the importance of Tahajjud.

If a believer cannot do a lot of optional worship due to his weakness, then he should at least do a little (his daily Ma'mulaat) during these times and stay punctual on it.

I have observed my Sheikh, Muhaddith, Shaykh Fazlur Rahman Azmi دامت برکاته very closely whilst traveling with him both in UK, abroad, and whilst staying with him in South Africa. I would witness that along with delivering Durus (lessons), conducting programmes, taking time out for his Murids, he would also be very punctual on his Ma'mulaat and Tahajjud. At times, in one day he would deliver more than five Bayans.

Even when he is traveling, during the journey, he is either reciting the Holy Qur'an, writing, carrying out Tasbeehaat, or performing Nawafil.

Hadhrat Hafiz Patel Saheb رحمه الله used to say, "If a believer is steadfast on their daily Tasbeehaat (morning and evening), he will die as a friend of Allah Ta'ala". Hafiz Patel Saheb رحمه الله also used to stress a lot on the importance of Tahajjud.

Shaykhul Islam Allamah Shabbir Ahmed Uthmani رحمه الله mentioned:

"If a person holds fast to this part of the Hadith (Seek help in the morning, afternoon, and in the portion of the night) then he can become a Wali (a friend of Allah Ta'ala)".

Hadhrat Maulana Gangohi رحمه الله says:

"After much experience, I have found the thing which is most difficult, can also be so easily attained" (Referring to Tahajjud ). Then he mentioned this Hadith:

واستعينوا بالغدوة والروحة وشئ من الدلجة

He then adds, "Whosoever wishes, experience it, then see the spiritual condition".

May Allah Ta'ala grant us all the ability to be punctual on our daily five-time Salāh, Tahajjud, and our daily Ma'mulaat.

*Sajid Ibrahim Sufi, Bolton, UK.*

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