

# Colorado Virtual Lunch and Learn Series 2026

Please join us virtually in 2026 for the quarterly Lunch and Learn programs.

**SAVE THE DATES** to attend innovative, heartfelt, thought-provoking presentations by **Jane W. Barton**, a national speaker and writer.



**11:30 AM - 1:00 PM**

**Mountain Time**

**All Programs Presented @ 11:30am - 1:00pm MT**

- \* 01/29: Called to Care – Are You Ready?
- \* 04/16: The Consequences of Caring
- \* 08/27: The Afterglow of Adversity
- \* 12/10: Grief Savvy

**Individual Program Announcements are Forthcoming.  
Registration is Required. All Programs are FREE.  
Email [CardinaLife@msn.com](mailto:CardinaLife@msn.com) to Register for the Series.**

**The Lunch and Learn events are made possible due to the generous sponsorship of FABULOUS Community Partners!**

*Every Detail Remembered™*

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MEMORIAL

