

Colorado Virtual Lunch and Learn Series 2025

Please join us virtually in 2025 for the quarterly Lunch and Learn programs.

The theme this year is **The Good Life**.

SAVE THE DATES to attend innovative, heartfelt, thought-provoking presentations by **Jane W. Barton**, a national speaker and writer.



11:30 AM - 1:00 PM

Mountain Time

All Programs Presented @ 11:30am - 1:00pm MT

- * 02/13: Aging is ALL About Changing
- * 05/01: What's Your Thing?
- * 09/04: Are You Well-Connected?
- * 11/20: Brain Health

**Individual Program Announcements are Forthcoming.
Registration is Required. All Programs are FREE.
Looking Forward to "Seeing" You in the Near Future!**

The Lunch and Learn events are made possible due to the generous sponsorship of FABULOUS Community Partners!

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