



Sundays, May 4 & 18, 11:00 AM - noon

Free Sunday Morning Yoga

Community Yoga Class with Yoga Flow SF! Join us for an all levels flow class, suitable for beginner to advanced practitioners to align body, mind and spirit. Please bring a mat and water bottle.



Saturday May 10, 4:00 PM – 5:00 PM

Rhythm & Motion Dance Workout

Rhythm & Motion's high-energy dance workout program cultivates a welcoming, accepting atmosphere that promotes health & well-being for all people regardless of age, ability or background.



Sundays May 11 & 25, 11:00 AM – noon

Free Sunday Morning Yoga

Free community yoga class. Folk features a Vinyasa Flow unique to each instructor for new and experienced students alike. Please bring your own mat.



Sunday May 11, 1:00 PM - 3:00 PM

Acoustic Sunday: Stephanie Woodford

Stephanie Woodford is a gifted African-American singer-songwriter and pianist from San Francisco's Fillmore District. Her music includes original music and covers from the 1960s until today. Feel free to bring a picnic and celebrate Mother's Day with great live music at your favorite Town Square!



Saturday May 17, 6:00 PM – 8:30 PM

Salsa in the Square!

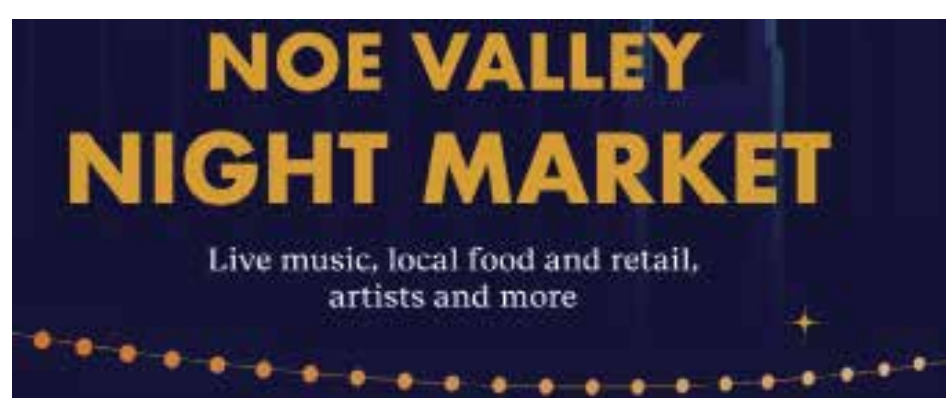
Don't miss the blowout dance party of the summer season! We are thrilled to host the second performance of Los Jefes, most of whom are recent graduates of Ruth Asawa School of the Arts and are now playing at a professional level. They will be playing their latest originals as well as covering other powerhouse tunes rooted in the Cuban styles of timba and son. Food for purchase from Noe Valley's Todo el Día and cocktails from Vibe, the new local bar-on-wheels! Come at 6:00 for the Cuban dance lesson with Pablo Diamico, direct from Matanzas, Cuba! Pablo is a professional dance instructor, who brings expertise in salsa, cha cha cha, mambo, and folkloric Yoruba dances. Dancers with 2 left feet are welcome!!! Ahí na' ma'!



Sunday May 18, 10:00 AM – noon

Noe Valley Community Clean-up

On the 3rd Sunday of every month, you can join your neighbors and RefuseSF & SF Public Works for a friendly neighborhood cleanup! Volunteers meet at Noe Valley Town Square to grab supplies & form a crew. Trash pickup is 10:00 am - 12:00 pm around the neighborhood.



Tuesday May 27, 5:00 PM – 8:00 PM

Noe Valley Night Market

Join us for an evening of live music, food and drink specials as well as many other offerings from our stellar Noe Valley merchants. Free and open to all! Learn more at www.noemerchants.com.



Noe Valley Farmers Market

Saturdays 8 AM – 1 PM

Enjoy local produce, delicious foods and live music!



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