



# Upcoming Community Events & Classes



## YOGA FLOW



**Sundays, September 7 & 28, 11:00 AM - noon**

### Free Sunday Morning Yoga

Community Yoga Class with Yoga Flow SF! Join us for an all levels flow class, suitable for beginner to advanced practitioners to align body, mind and spirit. Please bring a mat and water bottle.

**Sunday September 7, 1:00 PM - 3:00 PM**

### Acoustic Sunday: Jimbo Trout

Hirsute humorist, singer, yodeler, and player of the guitar, banjo, harmonica and kazoo, JimBo Trout performs a musical gumbo of bluegrass, blues, ragtime, old-time, cowboy, country and beyond.

Feel free to bring a picnic!



**Sunday, September 14**

**10:00 AM - 4:00 PM**

### Noe Valley Art Festival

The 4th annual Noe Valley Art Festival is a free community event featuring art displays and sales, painting demonstrations, activities for kids and live music. Art on display will include photographs, paintings, drawings, multi media art, jewelry, ceramics, fabric art, digital art and sculpture. We have an impressive list of 23 participating artists. Sponsored by the Friends of Noe Valley.

**Saturday, September 20**

**6:00 pm - 8:00pm**

### Swinging in the Square

An evening of swing dancing! Hosted by Two Dogs Barking Inc., the evening of dance will start with a beginning swing dance lesson, followed by a fantastical evening of dancing. Famed swing dance duo David and Charlie Stellar will teach you to groove. After the lesson, our DJ will spin tunes to get your feet moving & bodies shaking! Everyone is welcome! 6:00 pm: swing dance lesson for beginners, 6:45 - 8:00 pm: DJ'd social dance.



**Sunday September 21**

**11:00 AM - noon**

### Free Sunday Morning Yoga

Free community yoga class. Folk features a Vinyasa Flow unique to each instructor for new and experienced students alike. Please bring your own mat.



**Sunday, September 21**

**1:00 - 3:00 PM**

### Acoustic Sunday: Gil Guillermo

Gil is a local singer-songwriter who has been performing since age 14, and only kicked off the stage once in all that time! He will be singing and playing a broad array of tastefully curated songs in four languages — from countries such as Brazil, Mexico, Cuba, the Philippines. You're sure to know some of the covers; Gil will also perform originals composed over decades. Feel free to sing along and bring a picnic!

**Tuesday September 29, 5:00 PM - 8:00 PM**

### Noe Valley Night Market

Join us for an evening of live music, food and drink specials as well as many other offerings from our stellar Noe Valley merchants. Free and open to all! Learn more at [www.noemerchants.com](http://www.noemerchants.com).



**NOE VALLEY FARMERS MARKET**

**Noe Valley Farmers Market**

**Saturdays 8 AM - 1 PM**

Enjoy local produce, delicious foods and live music!



Events take place weather permitting. Free and open to the public. 24th Street between Sanchez & Vicksburg  
[www.noevalleytownsquare.com](http://www.noevalleytownsquare.com) Questions? Please email [info@noevalleytownsquare.com](mailto:info@noevalleytownsquare.com)



**SAN FRANCISCO**  
Office of Economic and Workforce Development

