

April 2024 Community Events & Classes









Free Sunday Morning Yoga 11:00 AM - Noon

Community yoga class. Folk features a Vinyasa Flow unique to each instructor for new and experienced students alike. Please bring your own mat. After yoga class on April 14, Noon - 12:30p: Yoga Community Happy Hour featuring complimentary Martha & Bros. coffee and treats.



Sunday April 7, 1:00 pm - 3:00pm **Acoustic Sunday: Swing Shift**

Swing Shift plays American swing - songs from the 1920s through the present day. Richard Southwick on vocals and guitar, Nathan Ladyzhensky on violin and melodica, and Olivier Zyngier on double bass. While the focus is on songs from the Great American Songbook, the band also likes to mix in latin rhythms, western swing, and modern pop tunes reimagined in a swing style.





Thursday April 18, 4:00 - 8:00 PM

Noe Valley Merchants and Professionals' Association Spring Wine Walk

Pick up your glass at the Noe Valley Town Square and set off for an evening filled with delicious wines and good company. Look for the banners as you stroll along to sample a variety of wines. Businesses will be open late for sipping and shopping. Feeling hungry? Stop into one of our amazing restaurants for some tasty snacks.



Saturday April 20, 4:00 - 5:00 PM

Rhythm & Motion Dance Workout

Rhythm & Motion's high-energy dance workout program cultivates a welcoming, accepting atmosphere that promotes health & well-being for all people regardless of age, ability or background.



Sunday April 21, 1:00 - 3:30 PM

The Toilet Bowl: A celebration of Noe Valley Town Square's world-renowned bathroom!

Hey, Noe Valley, it's potty time! Festivities include an ornament crafts table sponsored by Just for Fun; a Toilet Tree ceremony; a free yoga demo to activate digestion; live music by the American Standard, acrobatics with A, B, C Circus; face painting; animal balloons; a potty book reading; a toilet bowl toss, and a toilet paper costume contest!





If you've never heard music in Portuguese, Spanish, Tagalog, and French in one performance, then don't miss Projeto Novo's unique arrangements of songs from Brasil, Spanish-soeaking Latin America, and beyond!



Noe Valley Farmers Market

Saturdays 8 AM - 1 PM

Enjoy local produce, delicious foods and live music!





