



Donaldson Edge (D-Edge) Consulting, LLC. (40) hr.

Certified Recovery Peer Specialist curriculum

Single Continuing Education (CE) Units available

Total program: \$1,000.00 (full 30-hour curriculum, \$300.00 value)

The Certified Recovery Peer Specialist (CRPS) designation is a professional, behavioral health credential for individuals with lived experience in mental health or substance use recovery. In Florida, it is awarded by the Florida Certification Board to those who complete 40 hours of training, supervised work experience, and pass an exam.

A CRPS has demonstrated competency through training and experience in the performance domains of:

ADVOCACY (4 CE hours)

ADVOCACY for peer recovery specialists: 4 CE hours - \$200

By the end of this course, you should be able to:

Advocate for the client in order to promote individual choice and self-determination.

Help the client develop self-advocacy skills.

Identify and communicate gaps in the service system that are resulting in unmet client needs.

Serve as a member of the client's recovery support team.

Assure that client rights are maintained.

Mentoring (6 CE hours)

Course Title- Mentoring Matters: 3 CE hours - \$100

By the end of this course, you should be able to:

Teach clients life skills, including personal care and social responsibility skills.

Assist participants to establish and/or re-establish and maintain healthy interpersonal relationship with persons such as family members, significant others, friends, and family members of choice.

Establish and maintain a communication plan with the client in order to provide ongoing support.

Assist the client to identify informal support systems to access or build upon, in order to meet the client's needs and wants.

Course Title- Coaching, Guiding, and Growing: The Role of a CRPS Mentor: 3 CE hours - \$100

By the end of this course, you should be able to:

Demonstrate healthy behaviors expected of a person in recovery.

Establish and maintain an effective peer mentoring relationship with client.

Promote social learning through shared experiences.

Encourage clients to develop independent behaviors that is based on choice rather than compliance.

Recovery (6 CE hours)

Course Title- Wellness and Recovery Support Strategies: 3 CE hours - \$100

Reinforce reasons why recovery is a viable and achievable path.

Help the client develop an understanding of the holistic approach to wellness and recovery, which includes physical, mental, spiritual, and social wellness.

Help the client access information and resources necessary to make informed decisions that will positively affect overall health and wellness.

Assist and motivate clients to navigate the array of services available to achieve and maintain recovery.

Engage and assist clients to move through the stages of recovery and develop recovery capital.

Course Title- Empowering Recovery Through Peer Support: 3 CE hours - \$100

By the end of this course, you should be able to:

Help the client identify their options and participate in all decisions related to establishing and achieving recovery goals.

Help the client develop problem solving skills so they can respond to challenges to their recovery.

Recognize crisis situations and respond appropriately.

Recognize risks to the client's recovery and/or personal safety and respond appropriately.

Apply strategies designed to enhance the client's motivation to change.

Professional Responsibility (4 CE hours)

Course Title- Professional Responsibility 4 CE hours - \$200

By the end of this course, you should be able to:

Report suspicions of abuse of a child or vulnerable adult according to Florida Statutes.

Maintain client confidentiality according to state and federal laws.

Perform all job tasks according to professional, legal and ethical standards.

Maintain documentation as required by agency policy and by state and federal laws.

Respond appropriately to personal stressors, triggers and other indicators that impact ability to perform job duties.

Seek supervision, training and technical assistance as necessary and appropriate.

Provide services that respect the varied identities people have based on race, ethnicity, age, sexual orientation, gender and gender identification, religion, spirituality, and mental, emotional, and physical differences in abilities.

Course Title- Trauma Informed Care: 4 CE hours - \$100

By the end of this course, you should be able to:

Understand the effects of trauma and use trauma-informed approaches to recognize the impact of trauma, promote safety and promote recovery-oriented support.

Course Title- Whole Health (i.e., WRAP, WHAM, Peer Whole Health and Resilience, etc.): 8 CE hours - \$100

By the end of this course, you should be able to:

Understand the impact of incorporating "Whole Health" components—such as WRAP (Wellness Recovery Action Plan), WHAM (Whole Health Action Management), and Peer Whole Health and Resilience—as they specifically refer to the overall recovery process.

Course Title- Cultural and linguistic competence: 2 CE hours - \$100

By the end of this course, you should be able to:

Demonstrate cultural and linguistic competence by effectively engaging, supporting, and communicating with individuals from diverse cultural, ethnic, linguistic, and socioeconomic backgrounds in a manner that promotes respect, trust, equity, and person-centered recovery.

Course Title- Motivational Interviewing: 4 CE hours -\$100

By the end of this course, you should be able to:

Demonstrate the ability to apply Motivational Interviewing (MI) principles and techniques to effectively engage peers, strengthen motivation for recovery, and support self-directed behavioral change.

Course Title- Vicarious Trauma/Self-Care: 2 CE hours - \$100

By the end of this course, you should be able to:

Learn to recognize burnout, compassion fatigue, and secondary traumatic stress from supporting others, offering strategies like mindfulness, boundary setting, peer support, and personal wellness planning to build resilience and prevent emotional impact, ensuring sustainable well-being while helping clients.

FCB CRPS application process also includes the following requirements:

Applicants must complete 500 hours of relevant work experience. Eligible CRPS work experience must document the applicant's non-clinical responsibility to provide direct support to those with substance use disorders or mental health conditions to achieve and maintain a recovery and-oriented lifestyle.

To qualify, the experience must (1) have occurred within the 10 years preceding the application and (2) be verified by current or former employers. At least 250 of these hours must involve providing peer support to individuals who share the applicant's primary lived experience category.

Cross-over Work Experience. The FCB will approve up to 200 hours of work experience approved by applicants who hold the Certified Recovery Support Specialist (CRSS)

credential. The remaining 300 hours must reflect advocacy, mentoring, and recovery support job tasks.

On-the-Job Supervision

Applicants must complete 16 hours of direct supervision. To qualify, the supervision must (1) have occurred within the 10 years prior to the application, (2) not exceed 3 hours per week or 156 hours per year, and (3) be documented by current or former supervisors.

Recommendations for Certification

Applicants must submit three professional letters of recommendation for certification. These recommendations should be (1) written by individuals familiar with the applicant's work history and job performance, (2) completed using an FCB recommendation form, and (3) sent directly to the FCB on the applicant's behalf. Eligible recommenders must know the applicant in a professional capacity and should not be subordinates, relatives, or anyone else who might have a conflict of interest.

Recommendations: Three (3) professional letters of recommendation for certification.

CRPS FCB examination with passing score.