

Authenticity | Wild Bergamot & Creek Crystal Anointing Oil | True Self, Authentic Expression & Personal Freedom | Appalachian Herbal Alchemy by Old Spirits Wild Roots



SHORT DESCRIPTION

Wild-harvested Wild Bergamot infused with creek crystals from First Night Hollow. Supports authentic self-expression, personal truth, and the freedom to be fully yourself — handcrafted for confidence, individuality, and living without apology.



FULL DESCRIPTION



Authenticity — Wild Bergamot & Crystal Infusion

The Herb of True Self, Authentic Expression & Personal Freedom
Old Spirits Wild Roots | First Night Hollow

Across the wild meadows and sunlit edges of First Night Hollow, Wild Bergamot rises unmistakably itself — untamed, aromatic, unconventional, and impossible to overlook.

It does not try to blend in.

Authenticity is crafted from wild-harvested Wild Bergamot and naturally charged creek crystals gathered from the Hollow's flowing waters and ancient stone. This oil carries the energy of becoming more fully yourself — beneath expectation, performance, conditioning, and the identities we learn to wear for others.

Wild Bergamot invites you to stop asking who the world wants you to be and remember who you were before you started asking permission.

Its energy supports honest expression, individuality, confidence, and the courage to allow your inner truth to become visible in the outer world.

Authenticity is not about becoming someone new.

It is about removing everything that was never truly you.

Authenticity whispers:

You were never meant to fit in.

You were meant to be recognizable as yourself.



Energetic & Spiritual Properties

- Authentic Self: Supports connection with the identity beneath outside

expectations, roles, and conditioning.

- Authentic Expression: Encourages speaking, creating, and living from personal truth.
- Freedom From Approval: Helps release the energetic habit of shrinking, performing, or changing yourself to gain acceptance.
- Individuality & Confidence: Strengthens comfort with being different, visible, and unmistakably yourself.
- Voice & Truth: Supports alignment between what you know within and what you express outwardly.
- Crystal Amplification: Creek quartz strengthens intention, energetic clarity, and alignment with the true self.

 Use In:

✨ Anoint pulse points before situations where you want to show up fully and authentically

✨ Apply intentionally before speaking, creating, performing, writing, or sharing your ideas

✨ Dress candles or sacred objects during truth, confidence, or self-expression rituals

✨ Anoint altar spaces dedicated to personal freedom, identity, or finding your voice

✨ Use during journaling or meditation while releasing roles, expectations, and versions of yourself that no longer feel true

For external use only. Not for ingestion. Patch test before skin application and discontinue use if irritation occurs.

 Ingredients:

Wild-harvested Wild Bergamot and natural quartz creek crystals from First Night Hollow, Kentucky

Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian skies

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives.

Only pure plant spirit, crystal resonance, and Appalachian earth energy.



Affirmation:

"I release who I was told to be. I speak my truth, honor my nature, and allow myself to be fully seen."