

Mists of Change | Blue Mistflower & Creek Crystal Anointing Oil | Spiritual Awakening, Intuition & Transformation | Appalachian Conjure by Old Spirits Wild Roots



SHORT DESCRIPTION

Wild-harvested Blue Mistflower infused with creek quartz crystals from First Night Hollow. Crafted to support spiritual awakening, intuitive clarity, personal transformation, and graceful movement through life's changing seasons.



FULL DESCRIPTION



Mists of Change — Blue Mistflower
The Working of Awakening & Transformation
Old Spirits, Wild Roots | First Night Hollow

Blue Mistflower drifts along the creek banks and woodland edges of First Night Hollow like a veil between what has been and what is becoming.

Mists of Change is a sacred anointing oil created for those standing at thresholds—moments when life calls for growth, deeper understanding, and the courage to step into a new version of oneself.

Crafted from wild-harvested Blue Mistflower and amplified with creek quartz gathered from the Hollow's flowing waters, this oil supports spiritual awakening, intuitive insight, emotional renewal, and the ability to move gracefully through periods of transition.

Blue Mistflower carries an energy of becoming.

It does not demand change.
It invites it.

Its spirit teaches trust in the unfolding path, helping us release resistance and recognize that transformation is often the soul's natural response to growth.

Like morning mist lifting from the Hollow, clarity often arrives not all at once, but gradually—revealing the next step exactly when it is needed.

Mists of Change whispers:

Trust what is emerging.

Energetic & Spiritual Properties

- Spiritual Awakening: Encourages expanded awareness and deeper connection with inner wisdom.
- Intuitive Clarity: Supports trust in personal insight and spiritual guidance.
- Transformation & Growth: Assists during periods of personal evolution, transition, and self-discovery.
- Emotional Renewal: Encourages release of stagnant emotional patterns and supports energetic movement.
- Sacred Flow: Helps cultivate acceptance, adaptability, and trust in life's unfolding path.
- Crystal Amplification: Creek quartz stabilizes intention and magnifies transformational work.

Traditional Anointing Uses

- ✨ Apply lightly to wrists before meditation, contemplation, prayer, or spiritual practice.
- ✨ Anoint the back of the neck or crown area as part of rituals focused on awakening, insight, or personal transformation.
- ✨ Use on pulse points before journaling, shadow work, divination, or intuitive development exercises.
- ✨ Apply to the heart center during periods of emotional transition or self-reflection.
- ✨ Dress candles, talismans, altar tools, or sacred objects connected to growth, renewal, and spiritual evolution.
- ✨ Use before entering new chapters, making important decisions, or stepping into unfamiliar opportunities.

For external use only. Patch test before skin application and discontinue use if irritation occurs.

Ingredients

Wild-harvested Blue Mistflower and natural quartz creek crystals from First Night Hollow, Kentucky. Infused in cold-pressed organic jojoba oil beneath sunlight and

Appalachian woodland canopy.

Crafted in small ritual batches with no synthetic fragrance, preservatives, or fillers. Only pure plant spirit, crystal resonance, and Appalachian earth energy.



Affirmation

"I welcome transformation, trust my inner knowing, and move forward with clarity and grace."