

Phoenix of the Hollow | Resurrection Fern, High John Root & Creek Crystal
Anointing Oil | Rebirth, Personal Power & Rising Again | Appalachian Herbal
Alchemy by Old Spirits Wild Roots



SHORT DESCRIPTION

Wild-harvested Resurrection Fern infused with High John the Conqueror root and creek crystals from First Night Hollow. Supports renewal, resilience, personal power, and spiritual rebirth — handcrafted for transformation and rising after hardship.



FULL DESCRIPTION



Phoenix of the Hollow — Resurrection Fern, High John Root & Crystal Infusion
The Herb of Rebirth, Resilience & Sacred Return
Old Spirits Wild Roots | First Night Hollow

Hidden among the ancient stones and shaded hollows of First Night Hollow grows Resurrection Fern — a plant long revered for its extraordinary ability to appear dry and lifeless, only to unfurl again with rain and returning moisture.

Phoenix of the Hollow is crafted from wild-harvested Resurrection Fern, High John the Conqueror root, and naturally charged creek crystals gathered from the Hollow's flowing waters and fossil-rich stone. Together, these elements create an infusion centered on resilience, transformation, and reclaiming strength after hardship.

Resurrection Fern carries the energy of renewal and survival.
High John root brings confidence, mastery, and unconquered spirit.
Creek quartz amplifies clarity, focus, and energetic intention.

This oil was crafted for those rebuilding themselves after loss, exhaustion, heartbreak, adversity, or spiritual stagnation — the quiet moment where the spirit remembers its own fire.

Phoenix of the Hollow whispers:
You were never meant to stay buried in the ashes.



Energetic & Spiritual Properties

- Rebirth & Renewal: Supports transformation after difficult seasons or emotional collapse.
 - Personal Power: Encourages courage, confidence, and inner sovereignty.
 - Resilience & Survival: Strengthens the spirit during rebuilding and recovery.
 - Sacred Momentum: Helps restore purpose, direction, and energetic movement.
 - Crystal Amplification: Creek quartz stabilizes and magnifies transformative energy and intention.
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Use In:

- ✨ Dress candles, petitions, or sacred objects during transformation or empowerment rituals
- ✨ Use symbolically during periods of major life transition or spiritual rebirth
- ✨ Anoint altar spaces connected to resilience, protection, or personal empowerment
- ✨ Apply to ritual tools or sacred spaces to invite strength, renewal, and rising energy

For external use only. Not for ingestion. Patch test before skin application and discontinue use if irritation occurs.

Ingredients:

Wild-harvested Resurrection Fern, High John the Conqueror root, and natural quartz creek crystals from First Night Hollow, Kentucky
Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian forest canopy

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives.
Only pure plant spirit, crystal resonance, and Appalachian earth energy.

Affirmation:

"I rise renewed, empowered, and stronger than the trials I have endured."