

Threshold Mastery | Resurrection Fern & Walking Fern Anointing Oil | Liminal Work, Transformation & Spiritual Navigation | Appalachian Conjure by Old Spirits Wild Roots



#### SHORT DESCRIPTION

Resurrection Fern and Walking Fern anointing oil crafted for transformation, liminal work, spiritual navigation, and crossing into new chapters at First Night Hollow.



#### FULL DESCRIPTION



Threshold Mastery — Resurrection Fern & Walking Fern  
The Working of Crossing Between Worlds  
Old Spirits, Wild Roots | First Night Hollow

Threshold Mastery is a sacred anointing oil created for moments of transition, transformation, and movement between old realities and new ones.

Crafted at First Night Hollow from Resurrection Fern and Walking Fern, this oil supports those standing at spiritual crossroads — leaving behind former identities, stepping through uncertainty, and learning to move with clarity through liminal spaces.

Resurrection Fern carries the energy of return, renewal, and life restored after hardship. Walking Fern has long been associated with movement, pathways, hidden crossings, and the ability to navigate unseen terrain with intuition and grace.

Together, they create an oil for threshold work:  
the in-between place,  
the doorway,  
the becoming.

Threshold Mastery is for those who feel change moving beneath the surface long before the world sees it.

It is an oil for initiations,  
crossings,  
inner evolution,  
and learning how to walk steadily between worlds without losing yourself.

Threshold Mastery whispers:  
Trust the crossing. You are becoming someone new.

## Energetic & Spiritual Properties

- Transformation & Renewal — Supports personal evolution and spiritual rebirth
- Liminal & Threshold Work — Aids transitions, crossroads, and major life changes
- Spiritual Navigation — Encourages intuition and clarity when entering unfamiliar territory
- Adaptability & Flow — Supports graceful movement through uncertainty and change
- Grounded Expansion — Balances growth and transformation without energetic overwhelm

## Use In:

- ✨ Rituals marking life transitions and new beginnings
- ✨ Meditation, contemplation, and spiritual pathwork
- ✨ Anointing during periods of deep personal change
- ✨ Threshold rituals, crossroads work, and intention setting
- ✨ Daily wear while navigating transformation and inner growth

## Ingredients

Wild-harvested Resurrection Fern from First Night Hollow

Wild-harvested Walking Fern from First Night Hollow

Infused in cold-pressed organic jojoba oil under intentional solar and lunar cycles

Handcrafted in small batches.

Safe for external skin application.

No synthetic fragrance, preservatives, or fillers — only living plant spirit, mineral intelligence, and conjure tradition.

## Affirmation

"I move confidently through change. Every threshold leads me closer to who I am becoming."