

Rest | Heal-All & Creek Crystal Anointing Oil | Energetic Restoration, Wholeness & Deep Renewal | Appalachian Herbal Alchemy by Old Spirits Wild Roots

SHORT DESCRIPTION

Wild-harvested Heal-All infused with creek crystals from First Night Hollow. Supports energetic restoration, wholeness, and deep renewal — handcrafted for moments when the body, spirit, and energy are asking for rest.

FULL DESCRIPTION

Rest — Heal-All & Crystal Infusion

The Herb of Restoration, Wholeness & Deep Renewal
Old Spirits Wild Roots | First Night Hollow

Growing quietly across the old fields and wild edges of First Night Hollow, Heal-All carries an ancient reputation as a plant of restoration.

Its very name tells its story.

Rest is crafted from wild-harvested Heal-All and naturally charged creek crystals gathered from the flowing waters and ancient stone of the Hollow. Energetically, this oil is created for the moments when you have carried too much, pushed too long, or simply need to return to yourself.

Rest is not about doing more.

It is about creating the space in which restoration can begin.

Infused beneath Appalachian sunlight, Heal-All brings an energy of integration, replenishment, and return to wholeness — a reminder that rest itself can be sacred work.

Rest whispers:

Healing is a frequency.
Heal-All helps you tune in.

Energetic & Spiritual Properties

- Energetic Restoration: Supports the return of depleted or scattered energy.
- Wholeness & Integration: Encourages the energetic self to settle back into balance after periods of stress, change, or intense spiritual work.

- Sacred Rest: Creates space for stillness, replenishment, and receiving rather than constant doing.
- Renewal: Symbolically supports cycles of recovery, regeneration, and beginning again.
- Crystal Amplification: Creek quartz strengthens intention and supports clarity, grounding, and energetic restoration.

 Use In:

- ✨ Anoint pulse points before meditation, rest, or quiet spiritual practice
- ✨ Apply intentionally when transitioning from activity into rest
- ✨ Dress candles or sacred objects during restoration and renewal rituals
- ✨ Anoint altar spaces connected to healing, replenishment, or returning to wholeness
- ✨ Use symbolically during journaling, meditation, energy work, or periods of spiritual integration

For external use only. Not for ingestion. Patch test before skin application and discontinue use if irritation occurs.

 Ingredients:

Wild-harvested Heal-All and natural quartz creek crystals from First Night Hollow, Kentucky

Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian skies

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives. Only pure plant spirit, crystal resonance, and Appalachian earth energy.

 Affirmation:

"I release the need to keep pushing. I allow myself to rest, restore, and return to wholeness."