

Heart of the Hollow | Bleeding Heart & Creek Crystal Anointing Oil | Compassion, Emotional Healing & Sacred Love | Appalachian Herbal Alchemy by Old Spirits Wild Roots

SHORT DESCRIPTION

Cultivated Bleeding Heart infused with creek crystals from First Night Hollow. Supports emotional healing, compassion, heart-centered connection, and gentle emotional release — handcrafted for love, softness, and sacred emotional renewal.

FULL DESCRIPTION

 Heart of the Hollow — Bleeding Heart & Crystal Infusion
The Herb of Compassion, Emotional Healing & Sacred Connection
Old Spirits Wild Roots | First Night Hollow

Blooming beneath the shaded woodland canopy of First Night Hollow, Bleeding Heart carries one of the gentlest and most emotionally expressive energies in the Hollow's botanical apothecary — soft, compassionate, and deeply connected to the heart.

Heart of the Hollow is crafted from cultivated Bleeding Heart and naturally charged creek crystals gathered from the Hollow's flowing waters and ancient stone. This infusion was created for emotional healing, tenderness after heartbreak, compassionate connection, and the quiet restoration of the heart after grief or emotional pain.

Bleeding Heart teaches softness without weakness.
Its energy encourages the spirit to remain open even after difficult experiences have tempted it to close.

Infused beneath Appalachian sunlight and woodland stillness, this oil supports emotional release, forgiveness, empathy, heart-centered relationships, and reconnecting to love in its many forms — romantic, spiritual, familial, and self-directed.

This is not fragile energy.
It is courageous softness.

Heart of the Hollow whispers:

An open heart is still a powerful one.

Energetic & Spiritual Properties

- Emotional Healing: Supports recovery after heartbreak, grief, or emotional heaviness.
 - Compassion & Empathy: Encourages softness, understanding, and emotional openness.
 - Heart-Centered Connection: Strengthens loving and authentic emotional bonds.
 - Gentle Emotional Release: Helps soften emotional walls and guardedness.
 - Crystal Amplification: Creek quartz stabilizes heart energy and magnifies emotional clarity and compassion.
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Use In:

- ✨ Dress candles or sacred objects during love, healing, or forgiveness rituals
 - ✨ Use symbolically during meditation, journaling, or emotional reflection work
 - ✨ Anoint altar spaces connected to compassion, relationships, or emotional healing
 - ✨ Apply to ritual tools or sacred spaces (external ritual use only) to invite tenderness, emotional renewal, and heart-centered balance
(External ritual use only — not for skin or internal application.)
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Ingredients:

Cultivated Bleeding Heart and natural quartz creek crystals from First Night Hollow, Kentucky
Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian woodland canopy

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives.
Only pure plant spirit, crystal resonance, and Appalachian earth energy.

Affirmation:

"I lead with compassion, openness, and the quiet strength of a healing heart."