

Root of Recovery | Boneset & Creek Crystal Anointing Oil | Restoration, Grounding & Sacred Healing | Appalachian Herbal Alchemy by Old Spirits Wild Roots

SHORT DESCRIPTION

Wild-harvested Boneset infused with creek crystals from First Night Hollow. Supports restoration, grounding, energetic recovery, and emotional steadiness — handcrafted for healing, balance, and rebuilding after exhaustion.

FULL DESCRIPTION

Root of Recovery — Boneset & Crystal Infusion

The Herb of Restoration, Grounding & Sacred Recovery

Old Spirits Wild Roots | First Night Hollow

Growing along the creeks and quiet hollows of First Night Hollow, Boneset has long been regarded as one of Appalachia's great restorative plants — steady, grounding, and deeply connected to the work of rebuilding strength after hardship.

Root of Recovery is crafted from wild-harvested Boneset and naturally charged creek crystals gathered from the Hollow's flowing waters and ancient stone. This infusion was created for moments of depletion, burnout, emotional exhaustion, and the slow process of returning to center after life has taken too much from the spirit.

Boneset carries the energy of repair.

Not hurried recovery — true recovery.

Infused beneath Appalachian sunlight and woodland stillness, this oil supports grounding, nervous-system steadiness, emotional resilience, and the gradual restoration of inner stability and strength.

Its energy feels rooted, calm, and quietly restorative — like returning home to yourself after wandering too long through difficulty.

Root of Recovery whispers:

Healing begins when you allow yourself to rest and rebuild.

Energetic & Spiritual Properties

- Restoration & Recovery: Supports rebuilding after emotional exhaustion or prolonged stress.
- Grounding Energy: Encourages steadiness, calm, and emotional stability.
- Nervous-System Support: Promotes energetic decompression and inner balance.
- Sacred Healing: Helps restore resilience, softness, and connection to self.
- Crystal Amplification: Creek quartz stabilizes restorative energy and magnifies grounded clarity.

 Use:

- ✨ Anoint pulse points, wrists, or the soles of the feet during periods of rest, recovery, or emotional healing
- ✨ Apply to the chest, back of the neck, or shoulders to support grounding, steadiness, and a sense of restoration
- ✨ Use before meditation, prayer, journaling, or quiet reflection focused on healing and rebuilding
- ✨ Anoint yourself before sleep as part of a restorative evening ritual
- ✨ Dress candles, sacred objects, or altar spaces dedicated to healing, renewal, and recovery

 Ingredients:

Wild-harvested Boneset and natural quartz creek crystals from First Night Hollow, Kentucky

Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian woodland canopy

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives.

Only pure plant spirit, crystal resonance, and Appalachian earth energy.

 Safety & External Use

For external use only.

Patch test before skin application. Apply a small amount to a discreet area of skin and discontinue use if irritation occurs. Avoid contact with eyes, mucous

membranes, and broken skin. Not intended for internal use or ingestion.



Affirmation:

"I allow myself to heal, rebuild, and return to balance with patience and strength."