

Stillpoint | Aster & Boneset Anointing Oil | Nervous System Calm, Deep Rest & Spiritual Grounding | Appalachian Conjure by Old Spirits Wild Roots



SHORT DESCRIPTION

Aster and Boneset anointing oil crafted for nervous system stillness, grounding, emotional decompression, and deep rest.



FULL DESCRIPTION



Stillpoint — Aster & Boneset
The Working of Quiet Return
Old Spirits, Wild Roots | First Night Hollow

Stillpoint is a sacred anointing oil created for stillness, grounding, emotional quieting, and the return to inner calm after overwhelm.

Crafted at First Night Hollow from Aster and Boneset, this oil supports the nervous system, emotional decompression, and the sacred slowing-down that allows the body and spirit to rest deeply again.

Aster carries an expansive, softening energy associated with perspective, spiritual spaciousness, and emotional release. Boneset brings grounding, stabilization, and the feeling of being gently gathered back together after exhaustion, stress, or prolonged emotional strain.

Together, they create an oil of balance:
calm without heaviness,
softness without disconnection,
stillness without emptiness.

Stillpoint is especially suited for evenings, reflection, meditation, and moments when the mind has struggled to fully settle.

It is an oil for exhaling the day.

Stillpoint whispers:
You do not have to carry everything tonight. Rest now.



Energetic & Spiritual Properties

- Nervous System Grounding — Encourages calm, regulation, and emotional steadiness
 - Deep Rest & Stillness — Supports relaxation and evening decompression
 - Emotional Softening — Helps quiet mental overstimulation and internal tension
 - Spiritual Grounding — Encourages presence, centeredness, and energetic balance
 - Recovery After Stress — Supports restoration after emotional or energetic exhaustion
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Use In:

- ✨ Evening grounding and decompression rituals
 - ✨ Meditation, prayer, and contemplative practices
 - ✨ Applying to pulse points or the chest approximately 30 minutes before sleep
 - ✨ Ritual baths, journaling, and intentional quiet time
 - ✨ Daily wear during periods of overwhelm, stress, or emotional fatigue
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Ingredients

Wild-harvested Aster from First Night Hollow

Wild-harvested Boneset from First Night Hollow

Infused in cold-pressed organic jojoba oil under intentional solar and lunar cycles

Handcrafted in small batches.

For external use only. Not for ingestion.

Patch test before skin application and discontinue use if irritation occurs.

No synthetic fragrance, preservatives, or fillers — only living plant spirit, mineral intelligence, and conjure tradition.



Affirmation

"I release the weight of the day. My body, mind, and spirit return to stillness."