

Trinity of the Hollow | Aster, Boneset & Goldenrod Creek Crystal Anointing Oil |
Restoration, Resilience & Sacred Recovery | Appalachian Herbal Alchemy by Old
Spirits Wild Roots



SHORT DESCRIPTION

Wild-harvested Aster, Boneset, and Goldenrod infused with creek crystals from First Night Hollow. Supports energetic recovery, emotional resilience, and restoration after exhaustion — handcrafted for strength, balance, and renewed vitality.



FULL DESCRIPTION



Trinity of the Hollow — Aster, Boneset & Goldenrod Crystal Infusion
The Sacred Trinity of Recovery, Restoration & Renewed Strength
Old Spirits Wild Roots | First Night Hollow

Born from the hills, waters, and wild medicine of First Night Hollow, Trinity of the Hollow unites three deeply restorative Appalachian plants into a single ritual infusion: Aster, Boneset, and Goldenrod.

Each plant carries its own sacred purpose.

Aster opens the spirit and restores emotional spaciousness.

Boneset grounds, steadies, and rebuilds after depletion.

Goldenrod reignites vitality, confidence, and forward movement.

Together, they form a balanced energetic trinity — uplifting without overstimulation, restorative without heaviness, strengthening without force. Infused with naturally charged creek crystals from the Hollow's ancient waters and stone, this oil was crafted for those moving through exhaustion, burnout, emotional depletion, adrenal fatigue, or prolonged stress.

This is the energy of returning to yourself after being worn thin by life.

Trinity of the Hollow whispers:

You are allowed to recover slowly and completely.

Energetic & Spiritual Properties

- Energetic Recovery: Supports restoration after stress, burnout, or emotional depletion.
- Emotional Resilience: Encourages steadiness, hope, and grounded optimism.
- Sacred Balance: Combines expansion, grounding, and empowerment in harmony.
- Vitality & Forward Movement: Restores momentum without harsh intensity.
- Crystal Amplification: Creek quartz stabilizes and magnifies restorative energetic flow.

Use In:

- ✨ Dress candles or sacred objects during healing, renewal, or recovery rituals
- ✨ Use symbolically during meditation, journaling, or periods of emotional rebuilding
- ✨ Anoint altar spaces connected to restoration, resilience, or energetic balance
- ✨ Apply to ritual tools or sacred spaces (external ritual use only) to invite strength, steadiness, and renewal
- ✨ Apply anywhere carrying stress or tension, pulse points, solar plexus

For external use only. Not for ingestion. Patch test before skin application and discontinue use if irritation occurs.

Ingredients:

Wild-harvested Aster, Boneset, and Goldenrod with natural quartz creek crystals from First Night Hollow, Kentucky
Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian skies

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives.
Only pure plant spirit, crystal resonance, and Appalachian earth energy.

Affirmation:

"I restore my strength with patience, balance, and trust in my ability to heal and rise again."