

Sunshine After Sorrow | Wingstem & Creek Crystal Anointing Oil | Emotional Renewal, Hope & Gentle Resurrection | Appalachian Herbal Alchemy by Old Spirits Wild Roots



SHORT DESCRIPTION

Wild-harvested Wingstem infused with creek crystals from First Night Hollow. Supports emotional healing, hope, and renewed light after difficult seasons — handcrafted for resilience, warmth, and spiritual renewal.



FULL DESCRIPTION



Sunshine After Sorrow — Wingstem & Crystal Infusion
The Herb of Renewal, Emotional Resilience & Returning Light
Old Spirits Wild Roots | First Night Hollow

Along the creeks and sunlit edges of First Night Hollow, Wingstem rises tall and golden — a quiet bearer of resilience growing steadily through heat, storm, and changing seasons.

Sunshine After Sorrow is crafted from wild-harvested Wingstem and naturally charged creek crystals gathered from the Hollow's flowing waters and ancient stone. This oil carries the energy of emotional renewal — the feeling of warmth returning after grief, exhaustion, heartbreak, or prolonged heaviness.

Wingstem does not erase sorrow.
It transforms the space left behind by it.

Infused beneath Appalachian sunlight, this oil supports hope, emotional endurance, gentle optimism, and the courage to begin again. Its energy feels like the first golden morning after a long season of rain.

Sunshine After Sorrow whispers:
Light always returns, even slowly.



Energetic & Spiritual Properties

- Emotional Renewal: Supports healing after grief, burnout, or emotional

heaviness.

- Hope & Gentle Optimism: Encourages warmth, forward movement, and restored perspective.
- Resilience & Endurance: Strengthens emotional steadiness during difficult transitions.
- Solar Comfort Energy: Brings a sense of emotional sunlight and inner softness.
- Crystal Amplification: Creek quartz stabilizes emotional clarity and energetic restoration.

 Use In:

- ✨ Dress candles or sacred objects during healing or renewal rituals
- ✨ Use symbolically during journaling, meditation, or emotional release work
- ✨ Anoint altar spaces connected to hope, resilience, or personal transformation
- ✨ Apply to ritual tools or sacred spaces (external ritual use only) to invite emotional warmth and spiritual renewal

For external use only. Not for ingestion. Patch test before skin application and discontinue use if irritation occurs.

 Ingredients:

Wild-harvested Wingstem and natural quartz creek crystals from First Night Hollow, Kentucky

Infused in cold-pressed organic jojoba oil beneath sunlight and Appalachian skies

Crafted in small ritual batches — no synthetics, no fragrance oils, no preservatives. Only pure plant spirit, crystal resonance, and Appalachian earth energy.

 Affirmation:

"I allow light to return gently. I move forward with hope, resilience, and an open heart."