

STEPHANIE KAY SWANN

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EDUCATION

Smith College School for Social Work, Northampton, Massachusetts

Ph.D., August, 2001

University of Georgia, Athens, Georgia, M.S.W. March, 1994

University of Georgia, Athens, Georgia, B.S.ED. December, 1988

CREDENTIALS

Licensed Clinical Social Worker, 1997

License # 002381

Certified MBSR Instructor, University of Massachusetts Medical School, Center for Mindfulness, 2016

TEACHING EXPERIENCE

2018

Adjunct Faculty

Georgia State University School of Social Work-Research related to mindfulness training of police officers and other first responders.

2012-Present

Co-owner and Instructor

Atlanta Mindfulness Institute-Responsibilities include teaching Mindfulness Based Stress Reduction, Mindfulness Based Cognitive Therapy, facilitating supervision and consultation groups for mental health professionals, providing workshops and lectures for professional groups such as physicians and other mental health providers, providing consultation to groups such as businesses, community agencies, and health care organizations.

2006- 2012

Instructor (faculty 50% time)

University of Georgia School of Social Work- Teaching responsibilities include Assessment and Diagnosis of Psychopathology, Advanced Clinical Treatment with Individuals, Clinical Social Work with LGBT Population, and Social Work with Families and Groups. Serve as faculty liaison for clinical practicum students. Provide academic advising for MSW students.

1998-2009

Adjunct Faculty

Smith College School for Social Work - Instructor in HBSE/Practice and Integrative Clinical Seminar instructor for Atlanta-based MSW students.

2001-2005

Assistant Professor

University of Georgia School of Social Work

1999-2001

Adjunct Faculty

University of Georgia School of Social Work - Instructor in the Practice sequence. Courses included: Psychopathology: Assessment and Diagnosis, Direct Practice Methods I, and Theory and Practice with Families and Groups.

1999-2001

Research Advisor

Smith College School for Social Work - Primary advisor for MSW students' thesis projects.

CLINICAL EXPERIENCE

1996-Present

Private Practice, Atlanta, Georgia

Provide individual and family psychotherapy to adolescents and adults. Areas of expertise include identity issues of late adolescence and young adulthood, childhood sexual and physical trauma, gay and lesbian issues and relationship issues.

2007-Present

Clinical Consultant, Atlanta, Georgia

CHRIS Kids, Inc. Provide clinical supervision for the Clinical Director and Community Programs Director. Provide consultation to the Chief Operating Officer and Chief Executive Officer on issues related to mental health policy and practice. Complete diagnostic assessments on youth entering CHRIS Kids as needed.

2010-2016

Clinical Consultant, Atlanta Georgia

Families First, Inc. Provide clinical consultation and supervision to all therapeutic staff within the agency. Be available to the COO and CEO for any policy and procedure analysis and construction in relation to clinical programming.

2008-2009

Clinical Consultant, Atlanta, Georgia

Dekalb Medical Center. Provide clinical consultation for all social workers within the hospital.

1999 - 2000

Senior Clinical Staff, Atlanta, Georgia

Emory University Counseling Center - provide individual and group psychotherapy as well as clinical supervision of Ph.D. clinical psychology students. Complete diagnostic assessments and formulate treatment plans. Liaison with the office of gay, lesbian, bisexual life, academic affairs, residence life, psychiatry, and other campus services when needed. Provide crisis intervention for clients when needed. Facilitate seminars to student groups on topics such as stress management, negotiating new relationships on campus, and eating disorders.

1997-1999

Doctoral Internship, Atlanta, Georgia

Emory University, Student Counseling Center -Provide individual and group psychotherapy to undergraduate and graduate students at Emory University and Emory University School of Medicine. Complete diagnostic assessments and formulate treatment plans. Liaison with office of academic affairs, residence life, psychiatry, and other campus services when needed. Provide crisis intervention for clients when needed. Facilitate seminars to student groups on topics such as stress management, negotiating new relationships on campus, and eating disorders.

COMMUNITY SERVICE AND PROGRAM DEVELOPMENT

2008-2010

Chair, Professional Education Committee, Georgia Society for Clinical Social Work

2007-2008

Past president, Georgia Society for Clinical Social Work

2005-2007

President, Georgia Society for Clinical Social Work

2005-2007

Board of Directors, Chair of Clinical Committee, CHRIS Kids, a social service agency providing group homes, independent living programs, emergency shelters, in-home preservation programs, foster-care services, and mental health care for children in the State of Georgia.

2004-2005

President-Elect, Georgia Society for Clinical Social Work

2003-2005

Ethics Committee, Chair, Georgia Society for Clinical Social Work

2003-Present

National Advisory Network to “Fostering Transitions: Child Welfare League of America/Lambda Joint Initiative” to Support LGBTQ Youth and Adults Involved with the Child Welfare System

2003

Death Review Committee, CHAIR, Georgia Department of Juvenile Justice

2002

Death Review Committee, Georgia Department of Juvenile Justice

2001-2009

Clinical Advisory Committee, CHRIS Kids

2000

Round Table Colloquium on Transgender Youth Issues. Child Welfare League of America. Los Angeles, CA.

1999

Planning Committee for the Institute for Postgraduate Studies within the Georgia Society for Clinical Social Work.

1998

Development and implementation of annual evaluation plan for Kids In Need of Dreams (KIND, Inc.) - a truancy intervention program for children in the Fulton County juvenile justice system of Georgia.

1998 - 1999

Advisory Board and founding member of residential living program for gay, lesbian, and bisexual adolescents for CHRIS Homes, a social service agency providing group homes, independent living programs, emergency shelters, in-home preservation programs, foster-care services, and after-care services for juvenile offenders in the State of Georgia.

1996

Subcommittee for Atlanta Outward Bound Center. Participated in the creation of an Outward Bound course to meet the needs of gay, lesbian, and bisexual adolescents.

1995

Founder of YouthPride, Incorporated, a social service organization serving the needs of gay, lesbian, bisexual, and transgender youth ages 13-24. Responsibilities have included grant management, facilitation of support groups for adolescents ages 13-18. Creation and implementation of a drop-in center and a telephone service that reaches 19 counties in Georgia providing peer counseling, referrals, information, and crisis intervention. YouthPride is involved with outreach to school systems, religious organizations, child welfare agencies and other community social services interfacing with youth.

1995 - 1997

Director of YouthPride, Incorporated

1995 - 1998

Subcommittee on gay and lesbian adolescents, Committee on Sexual Orientation Concerns, Georgia Psychological Association.

1994 - 1995

Annual Planning Committee, Georgia Court Appointed Special Advocates (CASA), guardian ad litem program.

PROFESSIONAL ORGANIZATIONS

National Association of Social Workers
Society of Social Work and Research
Council on Social Work Education
Georgia Society for Clinical Social Work

SCHOLARSHIPS AND AWARDS

2018

Mind & Life Summer Research Institute Senior Investigator
Mind & Life Institute, Charlottesville, VA

2010-2011

University of Georgia School of Social Work, MSW outstanding teacher of the year

2009-2010

University of Georgia School of Social Work, MSW outstanding teacher of the year

2008-2009

University of Georgia School of Social Work, MSW outstanding teacher of the year

2007-2008

University of Georgia School of Social Work, MSW outstanding teacher of the year

2005-2006

University of Georgia School of Social Work, MSW outstanding teacher of the year

2002-2003

Lilly Teaching Fellowship, University of Georgia

1997

Recipient of the Johnathan Benov Award for Outstanding organizational leadership-given by Parents and Families of Lesbians and Gays (PFFLAG)

PUBLICATIONS

Refereed Journals

Swann, S. K., & Anastas, J. W. (2009). Dimensions of lesbian identity during adolescence and young adulthood. In W. Meezan and J. Martin, eds., *Handbook of research with lesbian, gay, bisexual, and transgender populations*, pp. 172-189. New York: Routledge.

Swann, S & Spivey, C. (2004). The relationship between self-esteem and lesbian identity during adolescence. Child and Adolescent Social Work Journal, 21(6).

Hoffman, N. D., Swann, S. K., & Freeman, K. (2003). Communication between health care providers and gay, lesbian, bisexual, transgender, and questioning youth. Journal of Adolescent Health, 32(2). 131.

Swann, S. K. & Anastas, J. A. (2003). Dimensions of lesbian identity during adolescence and young adulthood. Journal of Gay and Lesbian Social Services, 15(1/2).

Swann, S.K. & Herbert, S.E. (1999). Ethical issues in the treatment of gender dysphoric adolescents. Journal of Gay and Lesbian Social Services, 10(3/4), 19-34.

Swann, S.K. & Purcell, D.W. (1999). YouthPride: A safe place where southern gay, lesbian, bisexual, and transgender adolescents can thrive. The Community Psychologist 32(2), 51-52.

Books/ Book Chapters

Swann, S. K. & Anastas, J. A. (2008). Dimensions of lesbian identity during adolescence and young adulthood. In W. Meezan & J. Martin (Eds.), Handbook of research with gay, lesbian, bisexual, and transgender populations. New York: Routledge Press.

Purcell, D. W., Swann, S. K., & Herbert, S. E. (2003). Sexual orientation and professional ethics. In W. T. O'Donohue (Ed.). Handbook of professional ethics for psychologists. Sage Publications, Inc.

Swann, S. K. & Anastas, J. A. (2003). Dimensions of lesbian identity during adolescence and young adulthood. In W. Meezan & J. Martin (Eds.), Research with gay, lesbian, bisexual, and transgender populations. New York: Haworth Press.

Swann, S.K. & Herbert, S.E. (1999). Ethical issues in the treatment of gender dysphoric adolescents. In G. P. Mallon (Ed.), Social work with transgendered adolescents. (pp. 19-34). New York: Haworth Press.

OTHER SCHOLARLY ACTIVITIES

Editorial board, Journal of Gay and Lesbian Social Services, 2003

Reviewer for papers submitted to National Membership Committee on Psychoanalysis and Clinical Social Work annual conference, 2003.

Guest reviewer for Research on Social Work Practice, 2001-2002

PRESENTATIONS

Mindfulness Based Stress Reduction and Chronic Stress. Invited Presentation given to Veterans Administration, Committee on Integrative Medicine. Decatur, Georgia. March, 2013.

Neurobiology and Psychotherapy. Invited Presentation given at the 2011 Annual Diane Davis Lecture sponsored by Georgia Society for Clinical Social Work. November, 2011.

Minding our Brains: Neuroscience, Attachment, and Mental Health. Invited lecture given at the 2011 NASW-GA Annual Conference. October, 2011

Trauma: Neuroscience, Assessment and Treatment. Workshop sponsored by University of Georgia School of Social Work and The University of Georgia Center for Continuing Education. April 2011, June 2011.

Going beyond acceptance: Effective clinical practices with gay and lesbian families. Invited lecture given at the 2011 Annual University of Georgia Marriage and Family Institute. January, 2011.

Working with Gay, Lesbian, Bisexual, Transgender, Queer, and Questioning Youth: The Essentials. Invited lecture given at the Annual NASW Georgia Conference. October, 2010.

Trauma: Etiology, Assessment, and Treatment. Invited lecture given at the Annual NASW Georgia Conference. October, 2009.

Training needs for culturally competent work with gay, lesbian, bisexual, transgender, and questioning youth in out-of-home care. Invited workshop given at the Annual American Public Human Services Association Conference. September, 2008.

Minding our Brains: Neuroscience, Attachment, and Mental Health. Lecture presented for the Imago Relationship Therapy-Georgia Association. November, 2006.

Working with gay, lesbian, and bisexual clients: The coming out process and differential diagnosis. Invited lecture given at the Annual National Association of Social Workers-Georgia Conference. October, 2006

The Clinical Supervisory Relationship: Teaching, learning, and co-creating. Workshop presented at Jewish Family and Career Services, Atlanta, GA. March, 2006.

Working with gay, lesbian, and bisexual clients: Differential diagnosis and depression. Invited workshop given at the Annual Psychiatric Practitioners Conference. February, 2004.

Ego Psychology, Intersubjectivity, and Impasse: The evolution of a therapist. Peer reviewed paper presented at the annual meeting of the National Membership Committee on Psychoanalysis and Clinical Social Work. March, 2004

Exploring Student Identity Development through the Field Supervisory Relationship, Invited Presentation, Council on Social Work Education, Annual Program Meeting. February, 2003.

Suicide Prevention and the Clinical Management of Suicidality. Workshop given to behavioral health staff in Georgia's Department of Juvenile Justice. November 2002, January, 2003.

Understanding the Dimensions of Lesbian Identity During Adolescence and Young Adulthood. Peer reviewed paper session, Council on Social Work Education, Annual Program Meeting. February, 2002.

Ethical Considerations in Clinical Work with Adolescents and Their Families. Workshop given for the University of Georgia School of Social Work Continuing Education and Outreach, Atlanta, Georgia. November, 2001; January 2002.

Ethical Considerations in Working with Gay, Lesbian, and Bisexual Adolescents. Workshop given for Advantage Behavioral Health Service. Conference titled: The Institute for Families. Athens, Georgia. May, 2001.

Ethics and Sexual Orientation. Lecture presented for the Annual Ethics Conference for the Georgia Society for Clinical Social Work. Atlanta, Georgia. March, 2000.

Working With Transgendered Clients: A Critical Examination of the Issues. Lecture presented as part of the Smith College School for Social Work, 80th Anniversary Celebration, Northampton, MA, July, 1998.

Research Issues and Sexual Orientation. Workshop given for the National Youth Advocacy Coalition, Annual Summit. Washington, DC, May, 1998.

Ethical Considerations in the Psychiatric Treatment of Gender Dysphoric Adolescents. Paper presented as part of the symposium entitled New Concepts in the Treatment of Transgendered Adolescents in the US, Canada, and the Netherlands. Annual meeting of the American Academy of Child and Adolescent Psychiatry. Toronto, Canada. October, 1997.

Mental Health Issues of Gay and Lesbian Adolescents. Family Practice Residency Program, Emory School of Medicine, Monthly Meeting, January, 1997.

The Need for Community Based Programming for Gay and Lesbian Youth. The Southeastern Youth and Family Service Network, Annual Meeting, October, 1996.

Addressing the Needs of Gay, Lesbian, and Bisexual Adolescents Within the Community. Georgia Association of Physicians for Human Rights, Quarterly Meeting, September, 1996

Sexual Identity Formation in Gay and Lesbian Adolescents. National Association of School Psychologists, Annual Meeting, March, 1996

The Need for Community Based Programming for Gay and Lesbian Youth. The Southeastern Youth and Family Service Network, Annual Meeting, October, 1995

Psychosocial Stressors as Risk Factors for Suicidality in Sexual Minority Adolescents. Georgia Mental Health Association Annual Conference, May 1995

Psychosocial Risk Factors of Gay and Lesbian Youth and the Impact on Education. Decatur City Schools Professional Development Meeting, May and September, 1995.

Sexual Identity Formation in Gay and Lesbian Adolescents. Dekalb County Social Workers Monthly Meeting, April, 1995.