



PROPOSED STORY:

How one woman veteran is using comedy to help her fellow veterans heal.

Reducing Veteran suicide and improving mental healthcare is a National imperative. Traditional approaches such as medication and therapy work, but HEAL★ARIOUS brings innovation and levity as a complimentary resource. The applied & therapeutic use of humor allows participants to use comedy to engage in the process of cognitive restructuring thoughts from negative to positive.

HEAL★ARIOUS (NON-PROFIT) PROGRAMS IMPROVE PSYCHOLOGICAL PERFORMANCE IN PEOPLE, ORGANIZATIONS AND COMMUNITIES BY HARNESSING THE POWER OF THERAPEUTIC HUMOR.



OPERATION HEAL★ARIOUS

A National tour to find America's funniest Veterans & Military Spouses



April-November 2023

Scan or Click Here to visit our website for tickets and more information

www.bestmedicinebrigade.com/upcoming-shows

WEBSITES: <https://www.bestmedicinebrigade.com> • <https://www.healarious.org>

Headshots & B Roll: https://drive.google.com/drive/folders/1poxjfuQrSE8Mj82kv1Yo53EahzRz3zQ9?usp=share_link

Comedy Credits: <https://thecomiclist.com/premium/member/robinphoenix/>

Featured Video: <https://youtu.be/dnSaZqxqv4s>



ROBIN PHOENIX JOHNSON

***CEO, Best Medicine Brigade
President, HEAL★ARIOUS (501c3)***

After serving over twenty years in the Army, including 5 tours in Afghanistan and Iraq, Lieutenant Colonel (Retired) Robin Phoenix Johnson found her new mission in healing people, organizations, and communities through humor.

Robin was voted as Charleston's Best Comic of 2022 and is the host for Darren Knight's Southern Momma & Friends Tour and the feature act for Red Squirrel's Glitter & Grit Comedy Tour.

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