SPECIALTY
FITNESS
STRONG FOR LIFE AFTER 40

SMALL GROUP TRAINING

(60-MINUTE SESSIONS)

MORE PEOPLE. MORE SAVINGS.

1 PERSON	$60 PER PERSION
2 PEOPLE	$37.50 PER PERSION
3 PEOPLE	$30 PER PERSION
4 PEOPLE	$26.25 PER PERSION

BETTER BALANCE | IMPROVED COORDINATION | GREATER STRENGTH | MORE CONFIDENCE

BOOK YOUR FREE CONSULTATION *Today!*

LET'S BUILD STRENGTH. **TOGETHER.**