

Leadership Blind Spot Reflection Guide

From Galvez Coaching – Empowering Leaders. Elevating Impact.

“You can't change what you don't see. Awareness is the first step to transformation.”

Step 1: Identify Your Blind Spots

- Listening to Fix, Not to Understand
- Mistaking Control for Clarity
- Assuming Silence Means Alignment
- Overestimating Your Self-Awareness
- Confusing Busyness with Impact

Step 2: Reflect

1. What's the real impact of this blind spot on my leadership or my team?
(Consider trust, communication, morale, or performance.)

2. What signs have I noticed that this might be an issue?
(Think: recurring feedback, team behavior, decision bottlenecks, etc.)

3. What shift can I start making today?
(Pick one behavior change, mindset shift, or new habit.)

Step 3: Take Action

- Who can I ask for honest feedback or support?
(A peer, mentor, coach, or team member.)

Bonus Challenge (Optional)

- Try this over the next 7 days:
- Ask 1 more question before offering advice
 - Pause 3 seconds before replying
 - Delegate with clarity, then step back
 - Invite disagreement in your next meeting
 - Block 30 minutes for focused, strategic thinking

Need a Thought Partner?

If you're serious about uncovering blind spots and growing as a leader, I'd love to help.
Visit GalvezCoaching.com or email [Your Email] to schedule a clarity conversation.