AMERICAN PATRIOT DATA & EVALUATION SERVICES L.L.C. | APDES
SUPPORT. HONOR. EMPOWER. — EVERY VETERAN.
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APDES Veteran Resource Sheet
VETERAN CRISIS & IMMEDIATE SUPPORT LINES

This resource sheet provides veterans with verified crisis hotlines, immediate support services, emergency mental health contacts, and nationwide veteran-specific crisis resources. All services listed are official, confidential, and available 24/7.

PRIMARY VETERAN CRISIS LINE (24/7)

Veterans Crisis Line

Dial 988, then press 1

Chat: https://www.veteranscrisisline.net/

Text: **838255**

Confidential support for:

- Suicidal thoughts
- Crisis situations
- Emotional distress
- Immediate mental health needs

SUBSTANCE USE & MENTAL HEALTH CRISIS

SAMHSA National Helpline (24/7)

1-800-662-HELP (4357) https://www.samhsa.gov/ Support for substance use, mental health crises, and treatment referrals.

SAMHSA Behavioral Health Treatment Locator

https://findtreatment.gov/

FEDERAL & NATIONAL EMERGENCY SUPPORT

VA Suicide Prevention Resources

https://www.va.gov/REACH/

VA Mental Health □ Immediate Help

https://www.va.gov/health-care/mental-health-care/immediate-help/ (va.gov in Bing)

Vet Centers (Nationwide Counseling)

https://www.vetcenter.va.gov/ Confidential counseling for:

- **PTSD**
- **MST**
- **Grief**
- **Transition stress**
- **Family support**

MILITARY & FAMILY CRISIS SUPPORT

Military OneSource (Active, Guard, Reserve)

https://www.militaryonesource.mil/

24/7 confidential support for service members and families.

InTransition Program (Service Members Changing Care Providers)

https://www.health.mil/inTransition (health.mil in Bing)

Helps service members continue mental health care during transitions.

HOMELESSNESS & HOUSING CRISIS

Homeless Veteran Hotline (24/7)

877-4AID-VET (877-424-3838) Immediate help for homeless veterans or those at risk.

VA Homeless Programs - Immediate Help

https://www.va.gov/homeless/

MICHIGAN-SPECIFIC CRISIS SUPPORT

Michigan Veterans Affairs Agency (MVAA) – Veteran Support Line

1-800-MICH-VET

https://www.michigan.gov/mvaa

Michigan Community Mental Health (CMH) Crisis Services

Search: **"Community Mental Health [Your County] Crisis Line"**

State directory:

https://www.michigan.gov/mdhhs/keep-mi-healthy/mental-health/CMH (michigan.gov in Bing)

This document is provided as a professional credential reference only. It is not a clinical opinion, legal advice, or diagnostic statement.

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