

# VANDERBILT ADHD DIAGNOSTIC PARENT RATING SCALE

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
 Grade: \_\_\_\_\_

Each rating should be considered in the context of what is appropriate for the age of your child.

Frequency Code: 0 = Never; 1 = Occasionally; 2 = Often; 3 = Very Often

|  |   |   |   |   |
|--|---|---|---|---|
| 1. Does not pay attention to details or makes careless mistakes, such as in homework   | 0 | 1 | 2 | 3 |
| 2. Has difficulty sustaining attention to tasks or activities  | 0 | 1 | 2 | 3 |
| 3. Does not seem to listen when spoken to directly   | 0 | 1 | 2 | 3 |
| 4. Does not follow through on instruction and fails to finish schoolwork (not due to oppositional behavior or failure to understand) | 0 | 1 | 2 | 3 |
| 5. Has difficulty organizing tasks and activities  | 0 | 1 | 2 | 3 |
| 6. Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort   | 0 | 1 | 2 | 3 |
| 7. Loses things necessary for tasks or activities (school assignments, pencils, or books)  | 0 | 1 | 2 | 3 |
| 8. Is easily distracted by extraneous stimuli  | 0 | 1 | 2 | 3 |
| 9. Is forgetful in daily activities  | 0 | 1 | 2 | 3 |
| 10. Fidgets with hands or feet or squirms in seat  | 0 | 1 | 2 | 3 |
| 11. Leaves seat when remaining seated is expected  | 0 | 1 | 2 | 3 |
| 12. Runs about or climbs excessively in situations when remaining seated is expected   | 0 | 1 | 2 | 3 |
| 13. Has difficulty playing or engaging in leisure activities quietly   | 0 | 1 | 2 | 3 |
| 14. Is "on the go" or often acts as if "driven by a motor"   | 0 | 1 | 2 | 3 |
| 15. Talks too much   | 0 | 1 | 2 | 3 |
| 16. Blurts out answers before questions have been completed  | 0 | 1 | 2 | 3 |
| 17. Has difficulty waiting his or her turn   | 0 | 1 | 2 | 3 |
| 18. Interrupts or intrudes on others (butts into conversations or games)   | 0 | 1 | 2 | 3 |
| 19. Argues with adults   | 0 | 1 | 2 | 3 |
| 20. Loses temper   | 0 | 1 | 2 | 3 |
| 21. Actively defies or refuses to comply with adults' requests or rules  | 0 | 1 | 2 | 3 |

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|   |   |   |   |   |
|---|---|---|---|---|
| 22. Deliberately annoys people  | 0 | 1 | 2 | 3 |
| 23. Blames others for his or her mistakes or misbehaviors                   | 0 | 1 | 2 | 3 |
| 24. Is touchy or easily annoyed by others                                   | 0 | 1 | 2 | 3 |
| 25. Is angry or resentful   | 0 | 1 | 2 | 3 |
| 26. Is spiteful and vindictive  | 0 | 1 | 2 | 3 |
| 27. Bullies, threatens, or intimidates others                               | 0 | 1 | 2 | 3 |
| 28. Initiates physical fights   | 0 | 1 | 2 | 3 |
| 29. Lies to obtain goods for favors or to avoid obligations ("cons" others) | 0 | 1 | 2 | 3 |
| 30. Is truant from school (skips school) without permission                 | 0 | 1 | 2 | 3 |
| 31. Is physically cruel to people   | 0 | 1 | 2 | 3 |
| 32. Has stolen items of nontrivial value                                    | 0 | 1 | 2 | 3 |
| 33. Deliberately destroys others' property                                  | 0 | 1 | 2 | 3 |
| 34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)  | 0 | 1 | 2 | 3 |
| 35. Is physically cruel to animals  | 0 | 1 | 2 | 3 |
| 36. Has deliberately set fires to cause damage                              | 0 | 1 | 2 | 3 |
| 37. Has broken into someone else's home, business, or car                   | 0 | 1 | 2 | 3 |
| 38. Has stayed out at night without permission                              | 0 | 1 | 2 | 3 |
| 39. Has run away from home overnight  | 0 | 1 | 2 | 3 |
| 40. Has forced someone into sexual activity                                 | 0 | 1 | 2 | 3 |
| 41. Is fearful, anxious, or worried   | 0 | 1 | 2 | 3 |
| 42. Is afraid to try new things for fear of making mistakes                 | 0 | 1 | 2 | 3 |
| 43. Feels worthless or inferior   | 0 | 1 | 2 | 3 |
| 44. Blames self for problems, feels guilty                                  | 0 | 1 | 2 | 3 |

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|  |   |   |   |   |
|--|---|---|---|---|
| 45. Feels lonely, unwanted, or unloved; complains that “no one loves” him or her | 0 | 1 | 2 | 3 |
| 46. Is sad, unhappy, or depressed  | 0 | 1 | 2 | 3 |
| 47. Is self-conscious or easily embarrassed                                      | 0 | 1 | 2 | 3 |

## PERFORMANCE

|                               | Problematic |   | Average | Above Average |   |
|-------------------------------|-------------|---|---------|---------------|---|
| <b>Academic Performance</b>   |             |   |         |               |   |
| 1. Reading                    | 1           | 2 | 3       | 4             | 5 |
| 2. Mathematics                | 1           | 2 | 3       | 4             | 5 |
| 3. Written expression         | 1           | 2 | 3       | 4             | 5 |
| <b>Classroom Behavior</b>     |             |   |         |               |   |
| 1. Relationships with peers   | 1           | 2 | 3       | 4             | 5 |
| 2. Following directions/rules | 1           | 2 | 3       | 4             | 5 |
| 3. Disrupting class           | 1           | 2 | 3       | 4             | 5 |
| 4. Assignment completion      | 1           | 2 | 3       | 4             | 5 |
| 5. Organizational skills      | 1           | 2 | 3       | 4             | 5 |