

Name:

Medical History Please circle or mark **ALL** topics/diagnoses related to you:

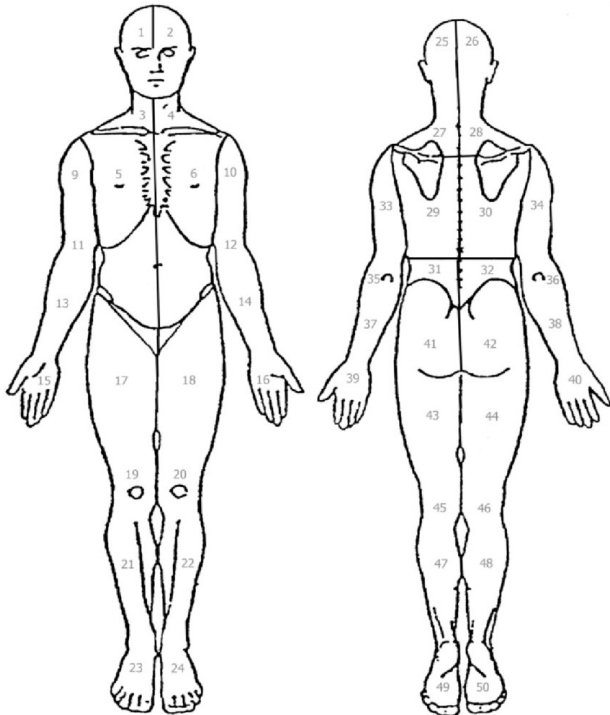
|   |                                  |   |
|---|----------------------------------|---|
| Allergies (please specify):   | Exercise (times/week):           | Parkinson's Disease                             |
|   |                                  | Pelvic pain                                     |
|   | Gout                             | Pneumonia                                       |
| Anemia  | Head trauma                      | Rheumatoid arthritis                            |
| Angina  | Hearing difficulties             | Severe/frequent headache                        |
| Asthma  | Heart arrhythmia                 | Sleeping problems                               |
| Back Pain   | Heart attack                     | Smoke (please specify substance and frequency): |
| Balance Problems  | Hernia                           | Speech difficulties/problems                    |
| Blood clot/emboli   | High blood pressure              | Stroke  |
| Bowel/bladder problems  | Kidney Disease                   | Thyroid problem                                 |
| Cancer (specify type):  | Long term steroid use            | Tumors, lumps, or bumps                         |
|   | Low Blood Sugar                  | Ulcers  |
| Coronary Artery Disease   | Lung Problems                    | Varicose veins                                  |
| Currently pregnant  | Neck/cervical trauma             | Vertigo   |
| Currently nursing   | Multiple Sclerosis               | Vision difficulties                             |
| Diabetes (specify type):  | Osteoarthritis (specify joints): | Weakness  |
| Dizziness or faintness  |                                  | Weight loss/energy loss                         |
| Drink Alcohol (specify times/week)  | Osteoporosis                     | Women's health issues                           |
| Epilepsy/Seizures   | Pacemaker                        | Men's health issues                             |
| Other diagnoses or anything else we should know about you (please specify):   |                                  |   |
| Please list past surgeries/medical procedures with approximate dates:   |                                  |   |
| Please list ALL medications you are currently taking with their dosages (or provide a separate list with this information): |                                  |   |

| Yes | No | In the past 3 months, have you had or do you experience: | PHQ-4 |    | Over the last 2 weeks, have you been bothered by any of the following problems?   |
|-----|----|--|-------|----|---|
|     |    |  | Yes   | No |   |
|     |    | A change in your health?                                 |       |    |   |
|     |    | Nausea/vomiting?   |       |    | 1) Feeling nervous, anxious, or on edge   |
|     |    | Fever/chills/sweats?                                     |       |    | 2) Not being able to stop worrying  |
|     |    | Unexplained weight change?                               |       |    | 3) Little interest or pleasure in doing things  |
|     |    | Numbness/tingling?                                       |       |    | 4) Feeling down, depressed, or hopeless   |
|     |    | Changes in appetite?                                     |       |    | If you answered "Yes" to any of the 4 questions, are you receiving treatment for this?  |
|     |    | Difficulty swallowing?                                   |       |    |   |
|     |    | Changes in bowel/bladder function?                       |       |    |   |
|     |    | Shortness of breath?                                     |       |    |   |
|     |    | Dizziness?   |       |    |   |
|     |    | Upper respiratory infection?                             |       |    |   |
|     |    | Urinary tract infection?                                 |       |    |   |
|     |    |  |       |    | If you answered "Yes" to any of the 4 questions, and are not receiving treatment, is this something you would like help with? |

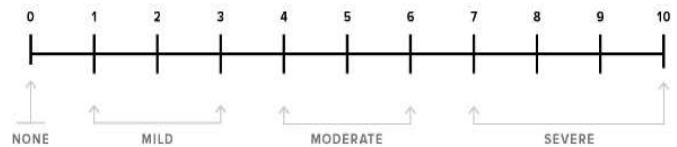
Name: \_\_\_\_\_

|    |  |
|----|--|
| 1. | Please specify the date you last saw your physician:   |
| 2. | In the past year, how many times have you fallen?  |
| 3. | If applicable, have you suffered an injury as a result of a fall?                              |
| 4. | What is the main reason you are seeking physical therapy?                                      |
| 5. | What was the original date of injury or start of your symptoms?                                |
| 6. | Have you had any imaging (such as x-ray, MRI, etc.)? If so, please specify with date(s).       |
| 7. | If applicable, does your current injury/diagnosis impact your ability to work? Please explain. |
| 8. | Does your daily routine, or work, aggravate your injury? Please explain.                       |
| 9. | What are your goals for physical therapy?  |

Using the diagram below, please mark the areas you have experienced pain in the last 72 hours



**0-10 NUMERIC PAIN RATING SCALE**



Main area of concern: \_\_\_\_\_

Using the pain scale above, for your *main area of concern*, please indicate a number corresponding to your:

Current pain level \_\_\_\_\_

Worst pain level in the last 72 hours \_\_\_\_\_

Best pain level in the last 72 hours \_\_\_\_\_

I certify that information provided by me in this packet is true and correct to the best of my knowledge.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_