

## Rise & Shine



Egg (Served on an English Muffin)	3.90
Add: cheese, bacon, sausage +1 ea	
Fruit: All fresh fruit	2.25
Fruit Cups	4.50
Yogurt & granola parfait	7
Muffins: All assorted	3.50
Bagels	3.75
Add: cream cheese +1 ea	
Toast	2
White, Wheat, Marble rye	

## Salads

**Choice of dressing:** Italian, Blue Cheese, Greek, Ranch, Caesar, Balsamic



Caesar	8.95
Chopped hearts of romaine, parmesan, Caesar dressing, croutons	
Garden Salad	7.95
Field green, grape tomatoes, cucumbers, julienne carrots, red onion	
Arugula	10.95
Baby arugula, roasted beets, sliced almonds, goat cheese, dried cranberries	
Add: chicken salad, tuna salad, grilled chicken	6/6/7

## Sandwiches, & Wraps

**Choice of:** White, Wheat, Marble rye, Brioche, Lavash wrap, gluten free

Grilled Cheese	5.5
Add: tomato, or ham +1ea	
Burger	12
8 oz. burger, lettuce, tomato, red onion	
Add: cheese, bacon +1 ea	
Veggie Burger	10.95
Add cheese +1ea	
Meatball Sub	11
Topped with melted provolone	
Grilled Chicken Caesar Wrap	10.95
Grilled chicken breast, Caesar dressing, romaine lettuce, shaved parmesan	
Chicken Salad	10.95
Fresh chicken, celery, red onion, mayo	
Tuna Salad	9.95
White albacore tuna fish	
Ham or Turkey Club	11.95
Choice of Honey ham or oven roasted turkey breast, Lettuce, tomato, applewood smoked bacon	
BLAT	10.95
Bacon, lettuce, avocado, tomato, mayo	



## Hot & Hearty



Soup du jour	8/11
Medium, Large	
Meatballs (2)	9
Chicken Parmesan	11
Chicken Marsala	12
Chicken, Broccoli, Ziti	12
Veal Parm	12
Eggplant Parmesan	12
Lasagna	12
Mac N Cheese	12

## Drinks



Juices	2.75/3.25/3.75
Small, Medium, Large	
Iced Coffee or Iced Tea	2.75/3.25/3.75
Small, Medium, Large	
Coffee	2.30/2.60/2.90
Small, Medium, Large	
Hot Chocolate	2.30/2.60/2.90
Small, Medium, Large	
Soft Drinks	2.95

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