

WHAT TO BRING WITH YOU TO TONY RICE RECOVERY CENTER

The following is a list of the essentials, the "do's and don'ts" and the things you are allowed to bring with you. And **please know** that if you are unable to get the items on this list that is okay. We offer suggestions, not mandatory stipulations. The vital thing you bring with you is a TN I.D. or Driver's License.

Accepted Identifications: **TENNESSEE State Issued Photo ID or Driver's License.** *Any other State ID will not be accepted.*

NON-LAMINATED Social Security Card

One (1) 12-Pack of Toilet Tissue

Bedding for a twin size bed – Sheets, Blankets, Comforter & Pillow

Laundry Supplies – Liquid Detergent ONLY (no pods)

Clothing – About 5-7 changes of clothing.

Tank tops, etc., are not permitted in common areas.

No clothing that promotes/advertises alcohol and/or drugs.

Our dress code forbids the practice of “sagging” so bring pants that fit and a belt to keep them up with.

No facial piercing or earrings.

One pair of shower slippers

Clothes hangers

Quarters for pay phone and laundry (\$1 to wash, \$1 to dry)

Small laundry basket

One three ring binder with notebook paper and pens

An alarm clock / radio no larger than 12" x 16"

MP3 Player *as long as it is not capable of accessing the internet.*

Clients are **not permitted** to be in possession of any device capable of internet access: iPod, Laptop, Tablet, etc.

Personal Hygiene Products: Shaving items, cologne, shampoo, toothbrush, towels, wash cloths, toilet tissue, etc.

A few personal photos or other small items to decorate your living area.

There are 3 clients to each room and space is limited, please do not bring excessive items.

THE POSSESSION AND USE OF CELL PHONES IS **STRICTLY PROHIBITED.**

IMMEDIATE DISCHARGE WILL RESULT IF ONE IS FOUND IN YOUR POSSESSION.

Clients that are currently taking prescription medications must have enough medication for the duration of their stay or have a prescription with refills.

Tony Rice Center does not cover the costs of prescription medication.

All over-the-counter medications must be turned over to TRC staff for proper storage.

Should you bring your vehicle, you must surrender all keys to TRC staff and consent to search.

MOST IMPORTANTLY:

Please bring with you a willing attitude and an honest desire to change your life for the better. We can't wait to meet you!