



MIDWEST MARTIAL ARTS

KOREAN TERMINOLOGY

TERMS OF RANK:

- Kwan Jang Nim: Grand Master (7th Dan and Above)
- Sa Bum Nim: Master Instructor (4th to 6th Dan)
- Kyo Bum Nim: Instructor (2nd Dan & 3rd Dan – Degree)
- Kyo Sa Nim: Training Instructor High Belts (1st Dan)
- Sun Bae Nim: Senior Dan Holder (4th Dan and above)
- Dan: Black Belt Degree Levels
- Gup: Yellow Belt to Red Belt (Lower TKD Levels)

COMMANDS:

- Chariot: Attention
- Kyong Ne: Bow
- Choonbi: Ready
- Shijak: Start (for instance, to commence fighting at a tournament)
- Kooman: Stop
- Kallyo: Separate (no grappling in Taekwondo tournaments)
- Kyesok: Continue

BASIC KOREAN TERMS:

- Tae: Foot (balance, mobility, stability, and to kick)
- Kwon: Fist
- Do: The WAY (the principles)
- Poomsae: Pattern
- Dojang: Training Hall (Dojo in Japanese)
- Dobok: Uniform (Gi in Japanese)
- Hogu: Chest protector for sparring
- Chung: Blue
- Hong: Red
- Kiai or Kiap: Spirit yell (to release energy)

COUNTING IN KOREAN

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|----------------|----------------|
| • Hana: one | • Ya-sot: six |
| • Dool: two | • Ilkop: seven |
| • Set: three | • Yodol: eight |
| • Net: four | • Ahop: nine |
| • Da-sot: five | • Yol: ten |