

Code of conduct for athletes attending special Olympics

Special Olympics

Northern California and Nevada

ATHLETES' CODE OF CONDUCT

Special Olympics Northern California and Nevada (SONC / SONV) is committed to the highest ideals of sports and to helping all athletes to become successful. All SON/SONV Athletes and Unified

SPORTSMANSHIP

I will practice good sportsmanship.

I will act in ways that bring respect to me, my coaches, my team, and Special Olympics.

I will not use bad language.

I will not swear or insult other persons.

- I will not fight with other athletes, coaches, volunteers, or staff
- TRAINING AND COMPETITION
- I will train regularly.
- I will learn and follow the rules of my sport.
- I will listen to my coaches and the official and ask questions when I do not understand. I will always try my best during training, divisioning, and competitions.
- I will not "hold back" in preliminary competition just to get into an easier finals competition division.
- I will follow the International Federation and the National Federation/Governing Body rules for my

RESPONSIBILITY FOR MY ACTIONS

I will not make inappropriate or unwanted physical, verbal, or sexual advances on others.

I will not drink alcohol, smoke or take illegal drugs while representing Special Olympics at training sessions, competition, or during Games.

- I will not take drugs for the purpose of improving my performance.
- I will obey all laws and Special Olympics rules.