

Name: _____ Age: _____ Sex: M F Skin Type (I-VI): _____

Genetic Disposition:

Score	0	1	2	3	4
Your natural eye colour	Light blue, green, grey	Blue, green, grey	Light brown	Dark brown	Brownish/ black
Your natural hair colour	Sandy, red	Blonde	Chestnut/Dark brown	Dark brown	Black
Colour of unexposed skin	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
Do you have freckles?	Many	Several	Few	Incidental	None

Total score for genetic disposition: _____

Reaction to Sun Exposure:

Score	0	1	2	3	4
What happens if you stay in sun too long?	Painful, redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rarely burns	Never burns
To what degree do you turn brown?	Hardly or not at all	Light colour tan	Reasonable tan	Tan very easily	Turn dark brown easily
Do you turn brown several hours after exposure to sun?	Never	Seldom	Sometimes	Often	Always
How does your face react to sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem

Total score for reaction to sun exposure: _____

Tanning Habits:

Score	0	1	2	3	4
When did you last expose your body to sun or tanning booth?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago
Have you exposed the area to be treated to sun or tanning booth?	Never	Hardly ever	Sometimes	Often	Always

Total Score for tanning habits: _____

Summary-Total Scores:

	Score
Genetic Disposition Score:	
Reaction to Sun Exposure Score:	
Tanning Habits Score:	
TOTAL SKIN TYPE SCORE:	

Total Skin Type Score	Fitzpatrick Skin Type
0-7	I
8-16	II
17-25	III
25-30	IV
Over 30	V-VI