

Fall 2025 Session 2

Dates: October 20th-Dec12th

Closed: November 26-28th (W/R classes prorated)

Preschool Gymnastics Ages 5 and under				Recreational Gymnastics Ages 6+			
Time for Two (\$125)				Beginner (\$140)			
<i>Parent assisted introduction to gymnastics for children ages 18 months through 3 years</i>				<i>Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.</i>			
Mon 5-5:30	Tues 5:45-6:15	Thurs 5-5:30		Mon 5-5:55	Tues 6-6:55	Wed 5-5:55	Thurs 5-5:55
Mon 5:35-6:05				Mon 6-6:55			
Minis (\$130)				Grey (\$140)			
<i>Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.</i>				<i>Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback</i>			
	Tues 6:20-7:00	Wed 5-5:40		Mon 5-5:55	Tues 6-6:55	Thurs 6-6:55	Thurs 7-7:55
Preschool 1 (\$130)				Scarlet (\$140)			
<i>Build confidence in gymnastics on a smaller scale. For children ages 4 and 5</i>				<i>Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault</i>			
Mon 6:10-6:50	Tues 5-5:40	Wed 5:45-6:25	Thurs 5:35-6:15	Mon 7-7:55	Tues 5-5:55		Thurs 6-6:55
Preschool 2 (\$140)				Jr Red Devils (\$200)			
<i>Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.</i>				<i>Invitation only. Introduction to practicing like a competitive gymnast! Sample skills include backhandspring, front walkover, beam cartwheel, and squat on.</i>			
Mon 5-5:55	Tues 5-5:55	Thurs 6:20-7:15			Tues 6-7:55		
Special Programs				Tumbling ages 6+			
NEW! Standing Back Handsprings and Tucks (\$130)				Beginner (\$130)			
Mon 7-7:45				<i>Handstands, Cartwheels, Kickovers, Backbends, and Walkovers</i>			
Parkour 5-9 (\$140)				Mon 6-6:55		Thurs 5-5:55	
Wed 6-6:55				Intermediate (\$140)			
Parkour 10+ (\$140)				<i>Round offs, Back handsprings, and Front handsprings</i>			
Wed 7-7:55				Mon 7-7:55	Tues 5-5:55	Thurs 6:15-7:10	
CHEER (\$130)				Advanced (\$140)			
Wed 6:30-7:15 (Grades 4-8th)				<i>Back Handspring REQUIRED. Saltos, Aerials, and Combinations</i>			
					Tues 7-7:55		