Fall 2026 Session II

Dates: October 12th-December 19th

Closed: November 23-28th

Preschool Gymnastics Ages 5 and under

Time for Two ($130)

Parent assisted introduction to gymnastics for children ages 18 months through 3 years

Mon 5-5:30	Tues 5:45-6:15	Thurs 5-5:30	

Minis ($140)

Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.

Mon 5:35-6:15	Tues 6:20-7:00	Wed 5-5:40	

Preschool 1 ($140)

Build confidence in gymnastics on a smaller scale. For children ages 4 and 5

Mon 6:15-6:55	Tues 5-5:40	Wed 5:45-6:25	Thurs 5:35-6:15

Preschool 2 ($150)

Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.

Mon 5-5:55	Tues 6-6:55	Thurs 5-5:55	

Special Programs

Parkour 5-9 ($150)

Wed 6-6:55

Parkour 9+ ($150)

Wed 7-7:55

Recreational Gymnastics Ages 6+

Beginner ($150)

Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.

Mon 5-5:55	Tues 5-5:55	Wed 5-5:55	Thurs 6-6:55
Mon 6-6:55			
Mon 7-7:55			

Grey ($150)

Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback

Mon 5-5:55	Mon 7-7:55		Thurs 7-7:55
Mon 6-6:55	Tues 5-5:55		

Scarlet ($150)

Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault

	Tues 7-7:55		Thurs 6-6:55

Jr Red Devils ($200)

Invitation only. *Introduction to practicing like a competitive gymnast! Sample skills include backhandspring, front walkover, beam carthweel, and squat on.*

	Tues 6-7:55		

Tumbling ages 6+

Beginner ($150)

Handstands, Cartwheels, Kickovers, Backbends, and Walkovers

Mon 6-6:55	Tues 6-6:55		

Intermediate ($150)

Round offs, Back handsprings, and Front handsprings

Mon 7-7:55	Tues 5-5:55	Wed 6:30-7:25	

Advanced ($150)

Back Handspring REQUIRED. Saltos, Aerials, and Combinations

	Tues 7-7:55		