

July/August 2026

Dates: July 6th-August 14th

Preschool Gymnastics Ages 5 and under				Recreational Gymnastics Ages 6+			
Time for Two (\$105)				Beginner (\$120)			
Parent assisted introduction to gymnastics for children ages 18 months through 3 years				Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.			
Mon 5-5:30		Wed 5-5:30	Thurs 9-9:30	Mon 6-6:55	Tues 5-5:55	Wed 6-6:55	
Minis (\$115)				Grey/Intermediate (\$120)			
Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.				Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback			
Mon 5:35-6:15		Wed 5:35-6:15	Thurs 9:35-10:15	Mon 7-7:55	Tues 6-6:55		
Preschool 1 (\$115)							
Build confidence in gymnastics on a smaller scale. For children ages 4 and 5							
Mon 6:20-7		Wed 6:20-7	Thurs 10:20-11				
Preschool 2 (\$120)				Scarlet/Advanced (\$120)			
Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.				Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault			
Mon 5-5:55		Wed 5-55	Thurs 11:05-12	Mon 6-6:55	Tues 7-7:55		
Special Programs				Jr Red Devils/PreTeam (\$175)			
Standing Back Handsprings and Tucks (\$115)		Parkour (\$120)		Invitation only. Sample skills include backhandspring, front walkover, beam cartwheel, and squat on.			
		Ages 5-10	Wed 7-7:55			Wed 6:00-8:00	
	Wed 7-7:45			Tumbling ages 6+			
				Beginner (\$115)			
				Handstands, Cartwheels, Kickovers, Backbends, and Walkovers			
				Mon 7-7:45	Tues 5-5:45		
				Intermediate (\$120)			
				Round offs, Back handsprings, and Front handsprings			
				Mon 5-5:55	Mon 7-7:55	Tues 6-6:55	
				Advanced (\$120)			
				Back Handspring REQUIRED. Saltos, Aerials, and Combinations			
					Tues 7-7:55		