

## Spring 2026

**Dates: March 23rd- May 14th**

Preschool Gymnastics Ages 5 and under				Recreational Gymnastics Ages 6+			
<b>Time for Two (\$140)</b>				<b>Beginner (\$157)</b>			
<i>Parent assisted introduction to gymnastics for children ages 18 months through 3 years</i>				<i>Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.</i>			
Mon 5-5:30	Tues 5:45-6:15	Thurs 5-5:30		Mon 5-5:55	Tues 6-6:55	Wed 5-5:55	Thurs 5-5:55
Mon 5:35-6:05				Mon 6-6:55			
<b>Minis (\$146)</b>				<b>Grey/Intermediate (\$157)</b>			
<i>Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.</i>				<i>Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback</i>			
	Tues 6:20-7:00	Wed 5-5:40		Mon 5-5:55	Tues 6-6:55	Thurs 6-6:55	Thurs 7-7:55
<b>Preschool 1 (\$146)</b>				<b>Scarlet/Advanced (\$157)</b>			
<i>Build confidence in gymnastics on a smaller scale. For children ages 4 and 5</i>				<i>Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault</i>			
Mon 6:10-6:50	Tues 5-5:40	Wed 5:45-6:25	Thurs 5:35-6:15	Mon 7-7:55	Tues 5-5:55		
<b>Preschool 2 (\$157)</b>				<b>Jr Red Devils/PreTeam (\$225)</b>			
<i>Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.</i>				<i>Invitation only. Sample skills include backhandspring, front walkover, beam cartwheel, and squat on.</i>			
Mon 5-5:55	Tues 5-5:55	Thurs 6:20-7:15		Tues 6-7:55			
<b>Special Programs</b>				<b>Tumbling ages 6+</b>			
<b>Standing Back Handsprings and Tucks (\$146)</b>		<b>Parkour (\$157)</b>		<b>Beginner (\$146)</b>			
		Ages 5-9	Wed 6-6:55	<i>Handstands, Cartwheels, Kickovers, Backbends, and Walkovers</i>			
		Ages 10+	Wed 7-7:55	Mon 6-6:45		Thurs 5-5:45	
				<b>Intermediate (\$157)</b>			
				<i>Round offs, Back handsprings, and Front handsprings</i>			
				Mon 7-7:55	Tues 5-5:55	Thurs 6:15-7:10	
				<b>Advanced (\$157)</b>			
				<i>Back Handspring REQUIRED. Saltos, Aerials, and Combinations</i>			
				Tues 7-7:55			