

Winter 2026

Dates: Jan 12th-March 12th

Preschool Gymnastics Ages 5 and under				Recreational Gymnastics Ages 6+			
Time for Two (\$140)				Beginner (\$157)			
<i>Parent assisted introduction to gymnastics for children ages 18 months through 3 years</i>				<i>Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.</i>			
Mon 5-5:30	Tues 5:45-6:15	Thurs 5-5:30		Mon 5-5:55	Tues 6-6:55	Wed 5-5:55	Thurs 5-5:55
Mon 5:35-6:05				Mon 6-6:55			
Minis (\$146)				Grey (\$157)			
<i>Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.</i>				<i>Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback</i>			
	Tues 6:20-7:00	Wed 5-5:40		Mon 5-5:55	Tues 6-6:55	Thurs 6-6:55	Thurs 7-7:55
Preschool 1 (\$146)				Mon 6-6:55			
<i>Build confidence in gymnastics on a smaller scale. For children ages 4 and 5</i>				Scarlet (\$157)			
Mon 6:10-6:50	Tues 5-5:40	Wed 5:45-6:25	Thurs 5:35-6:15	<i>Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault</i>			
Preschool 2 (\$157)				Mon 7-7:55	Tues 5-5:55		
<i>Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.</i>				Jr Red Devils (\$225)			
Mon 5-5:55	Tues 5-5:55	Thurs 6:20-7:15		<i>Invitation only. Sample skills include backhandspring, front walkover, beam cartwheel, and squat on.</i>			
Special Programs					Tues 6-7:55		
Cheer (\$146)		Parkour (\$157)		NEW THIS YEAR!! Future Team Track			
Grades 4-8	Wed 6:30-7:15	Ages 5-9	Wed 6-6:55	More rigorous class for those interested in competitive gymnastics. One day option geared towards athletes previously in Grey or Scarlet level classes and Two day option for Jr Red Devil athletes			
		Ages 10+	Wed 7-7:55	One Day (\$225)	Thurs 6-7:55		
				Two Day (\$400)	Tues 6-7:55 AND Thurs 6-7:55		
Standing Back Handsprings and Tucks (\$146)							
			Mon 7-7:45	Advanced Tumbling (\$157)			
Tumbling ages 6+				<i>Back Handspring REQUIRED. Saltos, Aerials, and Combinations</i>			
Beginner (\$146)					Tues 7-7:55		
<i>Handstands, Cartwheels, Kickovers, Backbends, and Walkovers</i>							
Mon 6-6:45		Thurs 5-5:45					
Intermediate (\$157)							
<i>Round offs, Back handsprings, and Front handsprings</i>							
Mon 7-7:55	Tues 5-5:55	Thurs 6:15-7:10					