

Winter 2026

Dates: Jan 12th-March 12th

Preschool Gymnastics Ages 5 and under				Recreational Gymnastics Ages 6+			
Time for Two (\$140)				Beginner (\$157)			
Parent assisted introduction to gymnastics for children ages 18 months through 3 years				Introduction to Gymnastics for ages 6 and up! Sample skills include handstands, cartwheels, casts, straight jumps, and confidence on beam.			
Mon 5-5:30	Tues 5:45-6:15	Thurs 5-5:30		Mon 5-5:55	Tues 6-6:55	Wed 5-5:55	Thurs 5-5:55
Mon 5:35-6:05				Mon 6-6:55			
Minis (\$146)				Mon 7-7:55			
Introduction to gymnastics for children ages 3 and 4. Parents recommended to observe.				Grey (\$157)			
	Tues 6:20-7:00	Wed 5-5:40		Build on the basics! Sample skills include kickover, pullover, back hip circle, and handstand flatback			
Preschool 1 (\$146)				Mon 5-5:55	Tues 6-6:55	Thurs 6-6:55	Thurs 7-7:55
Build confidence in gymnastics on a smaller scale. For children ages 4 and 5				Mon 6-6:55			
Mon 6:10-6:50	Tues 5-5:40	Wed 5:45-6:25	Thurs 5:35-6:15	Scarlet (\$157)			
Preschool 2 (\$157)				Focus on the details! Sample skills include back walkover, front limber, beam handstand, and front handspring vault			
Transition to the "Big Gym." Concentration is placed on listening, following directions, and working well with teammates. For children ages 4 and 5.				Mon 7-7:55	Tues 5-5:55		
Mon 5-5:55	Tues 5-5:55	Thurs 6:20-7:15		Jr Red Devils (\$225)			
Special Programs				Invitation only. Sample skills include backhandspring, front walkover, beam cartwheel, and squat on.			
Cheer (\$146)		Parkour (\$157)		Tues 6-7:55			
Grades 4-8	Wed 6:30-7:15	Ages 5-9	Wed 6-6:55				
		Ages 10+	Wed 7-7:55				
Standing Back Handsprings and Tucks (\$146)				NEW THIS YEAR!! Future Team Track			
Mon 7-7:45				More rigorous class for those interested in competitive gymnastics. One day option geared towards athletes previously in Grey or Scarlet level classes and Two day option for Jr Red Devil athletes			
Tumbling ages 6+				One Day (\$225) Thurs 6-7:55			
Beginner (\$146)				Two Day (\$400) Tues 6-7:55 AND Thurs 6-7:55			
Handstands, Cartwheels, Kickovers, Backbends, and Walkovers							
Mon 6-6:45		Thurs 5-5:45		Advanced Tumbling (\$157)			
Intermediate (\$157)				Back Handspring REQUIRED. Saltos, Aerials, and Combinations			
Round offs, Back handsprings, and Front handsprings				Tues 7-7:55			
Mon 7-7:55	Tues 5-5:55	Thurs 6:15-7:10					