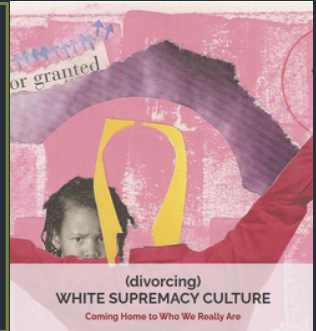


DISCUSSION

REFERENCE LIST

WHITE SUPREMACY CULTURE

THESE CHARACTERISTICS ARE NOT MEANT TO DESCRIBE ALL WHITE PEOPLE. THEY ARE MEANT TO DESCRIBE THE NORMS OF WHITE MIDDLE-CLASS AND OWNING CLASS CULTURE, A CULTURE WE ARE ALL REQUIRED TO NAVIGATE REGARDLESS OF OUR MULTIPLE IDENTITIES.



THE NAP MINISTRY

FROM THE FOUNDER AND CREATOR OF THE NAP MINISTRY, REST IS RESISTANCE IS A BATTLE CRY, A GUIDEBOOK, A MAP FOR A MOVEMENT, AND A FIELD GUIDE FOR THE WEARY AND HOPEFUL.

This is about more than naps.
We are attempting to disrupt a
toxic system that ties our worth to
how much we produce. Our
bodies do not belong to
capitalism.
We know better.
Rest and resist.
The Nap Ministry

WHITE FRAGILITY & NICE RACISM

"IN MY EFFORTS TO UNCOVER HOW RACE HAS SHAPED MY LIFE, I HAVE GAINED DEEPER INSIGHT BY PLACING RACE IN THE CENTER OF MY ANALYSIS AND ASKING HOW EACH OF MY OTHER GROUP LOCATIONS HAVE SOCIALIZED ME TO COLLUDE WITH RACISM." DR. DIANGELO



WHITE SUPREMACY & CAPITALISM

THIS IS OUR GO TO WEBSITE FOR LOTS OF THINGS. THIS IS OUR GO TO WEBSITE FOR LOTS OF THINGS. THIS IS OUR GO TO WEBSITE FOR LOTS OF THINGS. THIS IS OUR GO TO WEBSITE FOR LOTS OF THINGS.

