

NEWSLETTER



ANNOUNCEMENTS FROM SIFU STEVE

A fabulous February to you!

The year has been off to a wonderful start--we are close to completing renovations on our new studio and we have welcomed a number of smiling faces to our programs. Additionally, we are thankful to all our students who worked with us as we unveiled our updated schedule! We are thrilled to see more athletes join Nine Tigers Kung Fu!

Let's get talking about news and events:

- Cervizzi's Extravaganza Invitational Tournament is next month! From the 22nd through the 24th, Grandmaster Paul Cervizzi has planned an excellent martial arts showcase. We cannot wait to show up and represent Nine Tigers Kung Fu! We encourage all students to sign up for this special tournament. Just click on the flyers below to reserve your spot!
- The Battle of Maine Martial Arts Championship is being held on March 23rd in Waterville, ME. Hosted by State Martial Arts Ratings & Totals (S.M.A.R.T), the Battle of Maine allows top martial artists to demonstrate their abilities for the chance to be crowned state champion! There are sparring, form, and weapon divisions that you can register for. To see past highlights of the event or to register for this year's competition, navigate to the poster below.
- Mark your calendars: our Nine Tigers Kung-Fu Summer Program is organized for July 8 - August 2. Our four-week adventure celebrates fun, exercise, and imagination. While we plan and assemble events, keep an eye out for our sign-up form on social media, emails, and future newsletters!
- Keep your schedules out--the Zodiac Combat Mid-Summer Classic Tournament will be Sunday, July 21st in the Biddeford Middle School Gym. We'll have a registration form/link available in the upcoming months, so get ready to show the competition what Nine Tigers Kung-Fu is all about!

Be Kind and Respectful to all those you encounter,

Sifu Steve Mulloy

*Follow us on Social Media:
Click on the Logos Below!*



@ninetigerskungfu



@NineTigersKungFu

UPCOMING TOURNAMENTS & EVENTS

Navigate to pages 5 -6 to find out more!

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RECENT BELT TESTS & STRIPE DAY PROMOTIONS

- Leo C. -- Green Belt
- Jackson M. -- Blue Belt
- Kieran A. -- Blue Belt
- Logan F. -- Blue Belt
- Dylan L. -- Purple Belt
- Omar E. -- Purple Belt
- Reid V. -- Purple Belt
- Will B. -- Purple Belt
- Ben G. -- Orange Belt
- Jeremy P. -- Orange Belt
- Liam J. -- Orange Belt
- Max P. -- Orange Belt
- Thea D. -- Orange Belt

- Alaina G. -- Purple Stripe
- Kaden S. -- Purple Stripe
- Cavan U. -- Orange Stripe
- Kellen H. -- Orange Stripe
- Declan R. -- Yellow Stripe
- Jaxson J. -- Yellow Stripe
- Logan C. -- Yellow Stripe
- Michael S. -- Yellow Stripe
- Noah H. -- Yellow Stripe
- Spencer S. -- Yellow Stripe
- Tass T. -- Yellow Stripe

ACHIEVEMENTS

What an amazing turn-out for WinterFest! Many of our talented students arrived on the Main Street stage pumped up and ready to demonstrate their talents in kung-fu. We thank Sifu Trevor for traveling to Biddeford to perform his spectacular Leopard Paw Form; and we want to thank all our students who stood up in front of a large crowd to represent the best of what Nine Tigers Kung-Fu offers!



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Winterfest 2024



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Monthly Reminder:



**NINE TIGERS
KUNG-FU**




- RESPECT
- FOCUS
- DISCIPLINE
- STRENGTH
- HONOR
- BALANCE
- INTEGRITY
- LOYALTY
- PERSEVERANCE

Requirements

- ✓ **Punctual**
 - Time to stretch
 - Time to practice
- ✓ **Wear Full Uniform**
 - Gi top & pants
 - Belt
- ✓ **Concentration**
 - Active listening
 - Engaged with lesson
 - No bathroom breaks

You must demonstrate all these qualities to receive your belt or stripe!

Our daily calendar is posted on our website. We kindly ask those who pick up their students to please respect the start and end times of classes. We want to make sure our martial artists are arriving and leaving on time in a safe manner.

For traditional classes, students must come to class with their:

- Belt
- Gi Top (or Nine Tigers Kung-Fu Shirt)
- Gi Pants (or Nine Tigers Kung-Fu Pants)

Tips for an awesome Kung-Fu Class:

- Bathroom break *before* the lesson begins
- Arrive early to stretch and practice
- Be respectful of students on the floor
 - Quiet conversations only
 - Quiet use of locker rooms

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Upcoming Tournaments & Events Schedule

March 23

Cervizzi's Martial Arts Day of Epic Seminars & Banquet
Danvers, MA

March 23

Battle of Maine Martial Arts Championship
Waterville, ME

March 24

Cervizzi's Martial Arts Extravaganza Invitational Tournament
Danvers, MA



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**CERVIZZI'S
EXTRAVAGANZA
INVITATIONAL TOURNAMENT**

**SUNDAY,
MARCH 24, 2024**

**DoubleTree by Hilton
Boston - North Shore
Danvers, MA**

All Ages and Styles Welcome

**Register at:
MYUVENTEX.COM**



**Cervizzi's Martial Arts
Extravaganza
WEEKEND**

MARCH 22 -24, 2024

**DOUBLETREE BY HILTON
BOSTON NORTH SHORE
DANVERS, MASS**

MEET & GREET
WORLD CLASS SEMINARS
RECOGNITION & AWARDS BANQUET
INVITATIONAL TOURNAMENT



Scan Me!

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— 41ST ANNUAL —

BATTLE OF MAINE

Martial Arts Championships

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KUNG-FU SUMMER PROGRAM ★ Ages 6-12

Monday - Friday ★ 8:30 AM - 4:00 PM ★ \$295 Per Week

Week 1 July 08 - July 12 Warrior Week	Week 2 July 15 - July 19 Jumping Into Action	Week 3 July 22 - July 26 Friendship Through Kung-Fu	Week 4 July 29 - August 02 Year of the Dragon
			

Each week we plan a specific field trip associated with the assigned theme (see above), as well as a visit to Ocean Park Beach!

Tentative Field Trip: Twin Dragon Kung Fu	Tentative Field Trip: Urban Air	Tentative Field Trip: Mini Golf	Tentative Field Trip: Fun Town
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