NINE TIGERS KUNG-FU

NEWSLETTER



Grrr! It's bold in here--there must be some tigers in the atmosphere! November crept up behind us, bringing along some special dates and events that will keep us busy the entire month. To make sure you're caught up in all the business, keep on reading.

Leadership Training
Biddeford, ME

The Chinese Martial Arts Autumn Invitational is Sunday, November 8! This tournament will feature the disciplines of Kung-Fu, Tai Chi, Shuai Jiao, and more! We would love to see our students register for this event, as it will be a remarkable chance to witness other forms of Chinese martial arts. Click on the flyer to sign-up!





Our annual Picture Day is Friday, November 20! Perfect for holiday gifts, our session offers kung-fu poses, a picture with Sifu Steve, and a huge group photo with all our students and instructors. Even if you do not want to purchase any stills this year, we invite all our active students to come to our group photo. Please refer to the flyer to view the time frame we would like you to attend. If you have any questions, please reach out to Shelby or Sifu Steve!

The popular F.A.M.A tournament will be held on November 29! Many of our students enjoy signing up and participating in this fun competition. Every year a Lion Dance is performed, so don't miss your chance to watch a traditional and culturally significant moment. The registration deadline is November 24, so please sign-up as soon as possible to reserve your spot.



November 2026

Follow us on social media! @ninetigerskungfu @NineTigersKungFu

Promotions & Achievements

> Why do we try our best? To be our best!

Belt Promotions

Gigi G. – Brown Belt

Kevin H. Jr. – Brown Belt

Morgan S. – Brown Belt

Orielle U. – Brown Belt

Charlotte C. – Blue Belt

Melissa B. – Blue Belt



2026 NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Nine Tigers Kung-Fu will be closed Wednesday, November 25 thru Friday, November 27 for Thanksgiving break. We will be back on Monday, November 30!

Did you know: Adult turkeys can have up to 6,000 feathers!

Promotions & Achievements

> Why do we try our best? To be our best!

Stripe Promotions

Vaughn S. – Double Purple Stripe

Barrett D. – Orange Stripe



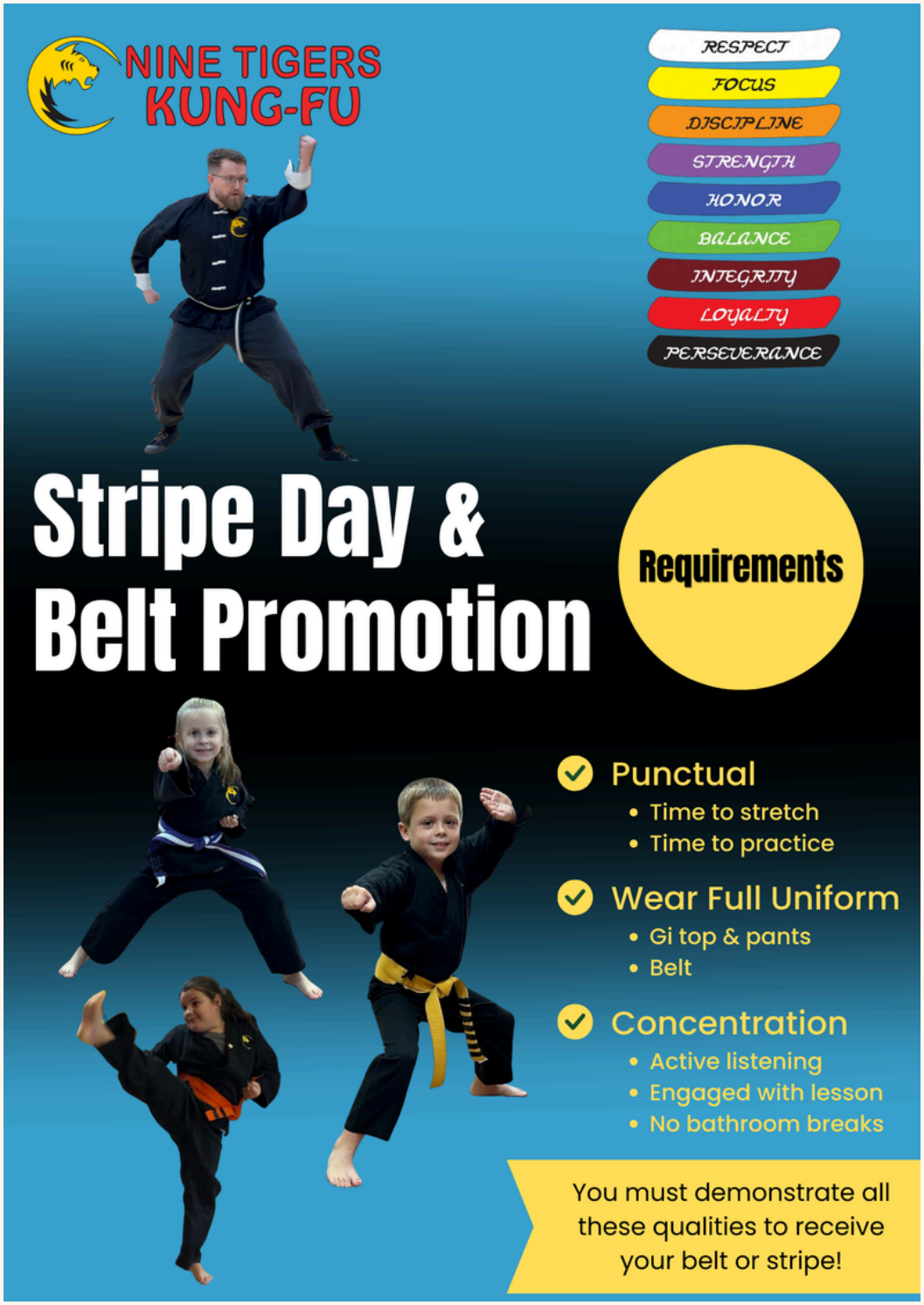


Stripe Days this month are: Wednesday, November 11 & Thursday, November 12! Students in our Kids Beginner Class (5:15 PM) are required to wear their full gi uniforms and belt in order to earn their stripe. For more information, see our flyer below!

Trivia: True or false--a wild turkey can fly.

Answer: True!

Monthly Reminder



Our daily calendar is posted on our website. We kindly ask those who pick up their students to please respect the start and end times of classes. We want to make sure our martial artists are arriving and leaving on time in a safe manner.

For traditional classes, students must come to class with their:

- Belt
- Gi Top (or Nine Tigers Kung-Fu Shirt)
- Gi Pants (or Nine Tigers Kung-Fu Pants)
- Boxing Gloves (Ages 7+)

Tips for an awesome Kung-Fu Class:

- Bathroom break *before* the lesson begins
- Arrive early to stretch and practice
- Be respectful of students on the floor
  - Only quiet conversations in the lobby

Our schedule is posted online and in our Lobby. Take a look to see when Stripe & Test Days are!

Color & Bring-In!

GOBBLE
GOBBLE



Special Announcements

CHINESE MARTIAL ARTS
秋季邀請賽
AUTUMN INVITATIONAL

SUNDAY NOVEMBER 8TH 2026

FORE KICKS II INDOOR & OUTDOOR SPORTS COMPLEX

219 FOREST STREET, MARLBORO, MA 01752

- KUNG FU
- TAI CHI
- SHUAI JIAO
- WEAPONS
- SPARRING
- PUSH HANDS

REGISTER AT CMATOURNAMENT.COM

NINE TIGERS KUNG-FU

2026 WINTER ORDER FORM

207-303-4550 sifustevemulloy@gmail.com

NINE TIGERS KUNG-FU

NAME





ZIP-UP HOODIES ($35)		
Size	Color Choice (Black or Gray)	Quantity
Child XS		
Child S		
Child M		
Child L		
Adult S		
Adult M		
Adult L		
Adult XL		
Adult 2X		



HOODIES ($35)		
Size	Color Choice (Black or Gray)	Quantity
Child XS		
Child S		
Child M		
Child L		
Adult S		
Adult M		
Adult L		
Adult XL		
Adult 2X		



SWEATPANTS $30	
Size	Quantity
Child XS	
Child S	
Child M	
Child L	
Adult S	
Adult M	
Adult L	
Adult XL	
Adult 2X	



HATS ($20)	
Colors	Quantity
Red	
Black	
Gray	



Red-Striped Gi Pants ($35)	
Size	Quantity
Youth S	
Youth M	
Youth L	
Adult S	
Adult M	
Adult L	
Adult XL	

PAYMENT METHOD

Cash Credit Card Check/Venmo

TOTAL DUE	
TOTAL PAID & DATE	

PLEASE HAVE FORMS & PAYMENT
DELIVERED TO WELCOME DESK BY

FRIDAY, NOVEMBER 13
5:00 PM

Special Announcements

Special Announcements



NINE TIGERS KUNG-FU

PICTURE DAY

FRIDAY, NOVEMBER 20

4:45 PM - 7:30 PM

PERFECT FOR HOLIDAY CARDS & GIFTS!!

PLEASE ARRIVE 15 MINUTES BEFORE SCHEDULED TIME!

AGES 4-6 STARTS 5:00 PM
GROUP PHOTO 5:45 PM
AGES 7+ STARTS 6:00 PM

FRAMED COLLAGE
KUNG-FU POSES
SIFU STEVE PHOTO
GROUP PHOTO



ORDER FORMS AVAILABLE IN OUR ORDER FORM BOX



Special Announcements

NINE TIGERS KUNG-FU

PICTURE DAY ORDER FORM

207-303-4550 sifustevemulloy@gmail.com

CUSTOMER INFORMATION

NAME

We recommend Order Forms be turned in by Thursday, November 19 at 7:00 PM

Picture Day is Friday, November 20

Poses ($5 - $15)

4x6 Singles

Number of Poses	Quantity (Sets of 4)
One Kung-Fu Pose ($5)	
Two Kung-Fu Poses ($10)	
Three Kung-Fu Poses ($15)	

Group Photo ($5)

4x6 Singles

Quantity (Sets of 4)

Photo With Sifu Steve ($5)

4x6 Singles

Quantity (Sets of 4)

Framed Collage ($25)

Includes:

1 Photo With Sifu Steve

2 Kung-Fu Poses

1 Group Photo

Quantity





Reminder!

- Please arrive 15 minutes before your scheduled time! If you miss your group time, you will miss your chance for a photo
  - Ages 4-6 starts at 5:00 PM
  - Group Photo starts at 5:45 PM [Everyone]
  - Ages 7+ starts at 6:00 PM
- Please arrive already dressed in full Gi Uniform and Belt
- Photos are first come, first taken. We try to be efficient as possible, but picture day can take a while. Please be mindful of the time, our helpers, and the people around you.
- We require CASH ONLY WHEN FORM IS TURNED IN

PAYMENT METHOD (DUE ON TURN-IN DATE)

Cash Only

TOTAL DUE	
TOTAL PAID & DATE	

Special Announcements



Special Announcements



Special Announcements



NINE TIGERS KUNG-FU

Studio Hygiene

Studio Expectations:

- Wear shoes, flip-slops, or sandals when using our restroom
- Flush any & all waste made in toilets
- Wipe toilet seat & floor if liquids dripped
- Pick up bathroom trash if dropped
- Wash & sanitize hands before bowing onto the mat
- Cover your coughs & sneezes with your elbow
- Wear a mask if you are not feeling well*

*We will ask students who have severe cold symptoms to go home

For Fantastic Personal Kung-Fu Hygiene:

- Trim & maintain nails often
- Scrub the underside of nails with soap & water every time you wash your hands
- Wash your face & body regularly
- Use deodorant before coming into class
- If you have cuts or open wounds, please wrap them or use a clean bandage
- For feet care:
  - Wash your feet every day and dry them completely
  - Clip your toenails short & keep them clean
  - Change your socks at least once a day
  - Check your feet regularly for cuts, sores, and/or infected toenails & apply treatment as needed

If you have a runny nose, persistent cough, and/or a fever, please stay home!