In conjunction with Singapore Lifestyle Integrative Medicine & Sciences

Kampung Senang presents

PREVENTING CHRONIC DISEASES

Public Talk: 29th February 2020 Saturday Afternoon I.30pm to 6.00pm Shangri-la Hotel Singapore

ORGANISED BY:



CO-ORGANISED WITH KAMPUNG SENANG CHARITY & EDUCATION FOUNDATION

Established in February 1999, Kampung Senang Charity and Education Foundation (Kampung Senang) is an eco-conscious charity with Institution of a Public Character (IPC) status reaching out to serve all people regardless of cultural or religious background through compassion-filled charity programmes and education on holistic environmentally friendly lifestyles. Kampung Senang represents the Global Village of Inner Peace, a place where harmony, beauty, and unity prevails.

Itinerary

- 1.30pm Registration
- 1.45pm Introduction
- 1.50pm Dr. Raymond Yuen Vitamin C and Cancer
- 2.30pm Dr. Gan Siok Ngoh The Importance of Oral Health in **Cancer Prevention**
- 3.15pm Break
- 3.30pm Dr.Yeo Seem Huat Deep sleep, Healthy Life/ 优质睡眠 健康一生 (Presentation in English and Mandarin)
- 5.00pm Panel Discussion moderated by Dr George M Jacobs
- 5.30pm Wellness Check Session



MENTAL HEALTH AND YOUR WELLNESS

support to compliment conventional medical treatment.

Dr Yeo Seem Huat Consultant Psychiatrist FAMS, MBBS (Singapore)

Diploma in Psychology (Auckland) FRANZCP (Australia & New Zealand)



VITAMIN C AND CANCER

Dr Yuen Chuen Fong Raymond

MBBS (HK), M Med Sc (HKU), M Med (OM, NUS), FAMS (OM) BSc. (University of Toronto)

Diploma in Aesthetic Medicine, America Academic of Aesthetic Medicine USA

Physician in Charge, Hosanna Clinic Medical Director, Veribel Aesthetic Clinic Registered Family Physician, MOH Singapore Specialist, Occupational Medicine Special Interests in Cancer Prevention and Medical Nutrition

Publications:

- Effects of High Dose Vitamin C for Cancer Patients 9 Cases
- High Dose Vitamin C helps prevent recurrence of Stage IV Ovarian Cancer. A case report
- Off-Label Cancer Prescription: A Paradox to Evidence Based Medicine

Author of the book "PassOver Cancer"

Chairman of Kowloon Medical Professional Group Medical Consultant and Committee Member, 365 Cancer Prevention Society CPS, Singapore. Former President of CareCancer Society (now 365 CPS)

THE IMPORTANCE OF **ORAL HEALTH IN CANCER** PREVENTION

Dr. Gan Siok Ngoh B.D.S. 1981 (Singapore), MSc

Dr YEO advocates holistic approach, bonding with Nature, Qigong exercise and good nutritional

(Periodontology) 1991 (U.K.)

Dr Gan is a specialty-qualified

Periodontist dental surgeon. She adopts a wholistic integrated approach

as an oral physician. In the past thirty years, she has helped many medically compromised patients manage their oral health for a healthier dental state for a better quality of life.

Wholistic Dentistry is an integrated approach to dentistry that promotes health and wellness instead of the treatment of disease. This approach encompasses both modern science and knowledge drawn from the world traditions on natural healing.

Member of following Associations

- International Association of Mercury-Safe Dentists (IAMSD)
- International Academy of Oral Medicine and Toxicology (IAOMT)
- American Academy of Periodontology (AAP)
- Institute of Functional Medicine (IFM)
- Australian Academy of Clinical Nutritional and Environmental Medicine (ACNEM)
- Singapore Dental Association (SDA)
- Society of Periodontology, Singapore (SPS)
- College of General Dental Practitioners Singapore CGDP
- Member of Society of Clinical Metal Toxicology Singapore (SOCMT)

Date: 29th February 2020 • Time: Saturday 1.30pm to 5.30pm Venue: Shangri-La Hotel Singapore, 22 Orange Grove Rd, Singapore 258350 Fee: \$15 (\$5 rebate voucher which can be used for wellness check during or within one month after event)

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