

Nutritional, Environmental, Lifestyle, Functional and Integrative Medicine,  
what evidence are these based on?

28th, 29th Feb & 1st Mar 2020  
Shangri-la Hotel Singapore

### Integrative Dentistry

Taking an interdisciplinary and integrative approach to health the conference includes a half-day session for dentists. The programme is presented in conjunction with the International Academy of Oral Medicine & Toxicology.

### Consciousness & Structured Water

One reason why Integrative medicine is not so well accepted is the often cited lack of science to support the many modalities incorporated into the practice. The science of structured water plays a significant role at the fundamental level of physics and biology at and below cell level. Prof. Gerald Pollack an eminent bioengineer at the Washington State University presents evidence for this overlooked area of structured water in biology and health.

The placebo effect is frequently credited for reported cases of spontaneous remissions. The Institute of Noetic Sciences has documented a comprehensive study of spontaneous remissions with over 3000 cases. The hypothesis is that the placebo effect is real and that human conscious intent<sup>4</sup> may play a role in affecting health outcomes in surprising ways. Prof. Dean Radin presents his research on human consciousness spanning more than 30 years at Stanford, Princeton and now as the Chief Scientist at the Institute of Noetic Sciences.



QR code hyperlink to  
SLiM.Sciences 2020 website

For more information visit  
<https://singaporelifestyleintegrativemedicine.com/>

### ASEAN Steering Committee for Integrative Medicine

The conference inaugurates the ASEAN Steering committee for Integrative Medicine. This is an effort to bring doctors in ASEAN countries together for the advancement of evidence-based integrative medicine. Examples of government supported integrative medicine projects and studies are presented at the conference. For example, a recently published study<sup>5</sup> on integrative oncology done in collaboration with the Clinical Research Centre and the Centre for Clinical Epidemiology, Institute for Clinical Research, National Institutes of Health, Ministry of Health Malaysia is featured.

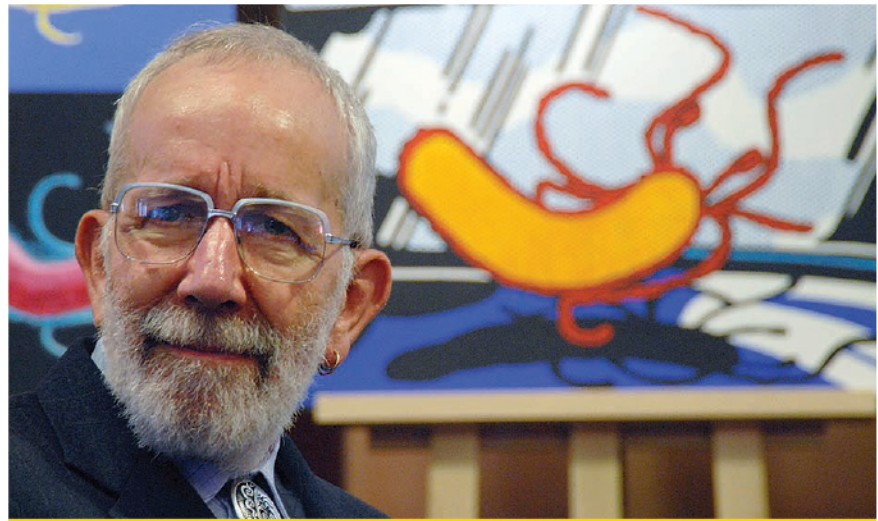
### Reference:

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3. Karavasiloglou, N., Pestoni, G., Wanner, M., Faeh, D. and Rohrmann, S., 2019. Healthy lifestyle is inversely associated with mortality in cancer survivors: Results from the Third National Health and Nutrition Examination Survey (NHANES III). *PLoS one*, 14(6), p.e0218048.
4. Radin, D. and Lobach, E., 2007. Toward understanding the placebo effect: investigating a possible retrocausal factor. *The Journal of Alternative and Complementary Medicine*, 13(7), pp.733-740.
5. Linus-Lojkip, S., Subramaniam, V., Lim, W.Y. and Amar-Singh, H.S.S., 2019. Survival of patients with advanced and recurrent ovarian cancer treated using integrative medicine in Malaysia: A case series. *Complementary therapies in clinical practice*, 37, pp.73-85.

### Dr. ROBIN WARREN

The Nobel Prize Winner in Physiology or Medicine 2005

"for their discovery of the bacterium *Helicobacter pylori* and its role in gastritis and peptic ulcer disease."



Keynote Speech at the SLiM.Sciences 2020 Conference

Dr. Warren participates in SLiM.Sciences 2020 in support of the ASEAN integrative medicine conference.

CME points pending application - ACNEM is an Australian accredited RACGP QI & CPD training provider for the 2017 - 2019 Triennium with 40 'Category 1' points allocated to most training programs. ACRRM, RNZCGP and CPD/CME points from other professional organisations may also be available.