



Hoof Prints



Barre Riding and Driving Club

Jan - Feb 2026

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Barre Riding & Driving Club is a 501(c) 3 non-profit club run by volunteers. We provide academic assistance with annual scholarships, promote community events, and bring together the horse community with funds raised through trail rides, camping weekends, clinics and other events.

2025 Officers

Lynne Goodnow, President
Jane Lynds, Vice-president
Kat Marsh, Treasurer
Gail Lent, Membership Chair
Dave Marsh, Corresponding Secretary
Jill Poulin, Horse Show Series Chair

2025 Directors

Rob Lynds
Marianne Wojcicki
Stacy Hayes

2025 Horse Show Banquet Highlights

On Friday, January 16th, 2026 participants in the Barre Horse Show Series gathered once again at the Annual Awards Banquet for the 2025 Horse Show Series at Quabbin Regional High School Cafeteria in Barre Massachusetts. BRDC board members managed the catering duties with fresh, home-made foods including delicious mac & cheese (also gluten-free mac & cheese), meatballs with tomato sauce and pasta, Greek lemon-garlic chicken and potatoes (another Gluten-free option), salad, and fresh fruit, a variety of candies, plus soda and water, and from the Wholesome Farmer's Market in Barre, the traditional brownies and blondies for dessert.



We had anticipated a thinner crowd again this year due to the lower numbers attending the shows but were pleased that about 60 guests attended. As the guests served themselves food and drink and had a chance to chat, they strolled past the abundant offerings of raffle items including small horse tack

items and supplies, colorful attire, as well as treats and trinkets for equines and humans alike.

After everyone had a chance to eat and decide about their raffle choices, Jill Poulin led the presentation of awards for champion and reserve champions and announced the winners of the raffle items with the customary flair and warmth that all attendees thoroughly enjoyed.



BRDC would like to thank Jill Poulin, Chair of the Barre Horse Show Series, and her entire family for their unwavering support for the horse shows again this year. BRDC would also like to thank CNEER and Stoney Hill Farm for participating in the horse show series, which is geared toward offering a pleasant, competitive yet supportive show environment for horse enthusiasts of all ages and disciplines. Please see our calendar in this newsletter to mark the dates for the 2026 Barre Horse Show Series shows!



Scholarships Available

2026 scholarship deadline is Saturday, April 11th, 2026

Mail completed applications to:

**BRDC Scholarship Committee
PO Box 25
Barre, MA 01005**

OPEN TO HIGH SCHOOL STUDENTS AND ADULTS

\$600.00 scholarships are available to local students to help them further their education. Barre Riding and Driving Club members and their families are given first consideration. High school students can get the scholarship applications at the Quabbin Regional High School Guidance Department or follow the link to fill out our easy online application.

<https://barreridingdrivingclub.com/scholarships>



Annual Cabin Fever Event is Coming!

March 7th, 2026

Save the date!

FREE!!!!

On Saturday evening, March 7th, Barre Riding and Driving Club will hold its **Annual Meeting and Cabin Fever event to kick off the year's activities. 6pm – 8pm**

Potluck dinner at 6pm. Bring a dish or dessert to share. Cash bar.

Election of the Board of Directors.

Donate to receive tickets for our trivia auction. Many fabulous horse-related items! We can take cash, check, or debit/credit cards, also Venmo or PayPal.

Speaker: Equine Therapy – Lisa Turcotte
<https://massequinemassage.com/>

Open to members and non-members. Bring a friend!

American Legion Post #2, 450 S Barre Rd, Barre MA

2026 Calendar

January	16 th (Fri)	<u>Horse Show Banquet for 2025</u> at Quabbin Regional High School 800 South Street, Barre starting at 6 pm
March	7 th (Sat)	<u>Annual Meeting & Cabin Fever</u> American Legion, Barre. - Pot Luck Dinner at 6 pm Election of Board of Directors & Officers. Barre American Legion Post #2 – Speaker, auction
May	9 th (Sat)	<u>Spring Trail Ride</u> at Felton Field – One day ride (camping for the weekend available)
	16 th (Sat)	<u>Clinic</u> Equine Therapy Location: TBD
	25 th (Mon)	Memorial Day Parade
June	TBD (Sun)	Members Only Trail Ride
	21 st (Sun)	<u>Show Series #1</u> – Barre Riding and Driving Club at Felton Field
July	4 th (Sat)	Petersham July Fourth Parade
	12 th (Sun)	<u>Show Series #2</u> Stoney Hill Farm at Felton Field
August	2 nd (Sun)	<u>Show Series #3</u> - CNEER – at Felton Field
	TBD (Sun)	Members Only Trail Ride
September	13 th (Sun)	<u>Show Series #4</u> Barre Riding and Driving Club at Felton Field
October	10 th & 11 th Sat & Sun	<u>Fall Trail Ride</u> Weekend at Felton Field (optional overnight Fri & Sat) Volunteers are needed contact Lynne Goodnow @ lgoodnow@yahoo.com
December	4 th (Fri)	<u>Horse Show Banquet for 2026</u> at Quabbin Regional High School 800 South Street, Barre starting at 6 pm
	5 th (Sat)	<u>Barre Christmas Parade</u> – contact Jane Lynds: janel.hfcx@gmail.com

*Spring & Fall Trail Rides, Horse Shows, Clinics, All Take place at Felton Field on Old Coldbrook Road
Barre, MA 01005*

BarreRidingDrivingClub.com

While you've got your calendar out, make a note that now is a good time to renew your Barre Riding and Driving Club membership for 2026! Please see the 2026 Membership form at the end of this newsletter or visit us online at <https://barreridingdrivingclub.com/membership>

BRDC Featured in Student Paper

This past October, Barre Riding and Driving Club was contacted by a student at Mount Wachusett Community College. Alyssa Loftus reached out to us to fulfill an assignment in her English 102 course “to complete a researched, news-style article to highlight the good work of a service-based, non-profit organization in the local community.” Ms. Loftus has graciously permitted us to reprint her paper in its entirety. Thank you, Ms. Loftus, for allowing us to share your lovely paper!

The Barre Riding And Driving Club

Located in Central Massachusetts in a quiet, small rural community, at the edge of the woods lies a beautiful large field with 2 rings for equestrians, a space for sports events, and hiking trails. This is the Barre Riding And Driving Club. A non-profit club established in 1938, known as one of the oldest clubs in existence. The club’s mission is to promote horse related activities and equine education through horse shows, trail rides, and clinics. The club also offers member benefits, and scholarships to students with equine interest, or to those who are members of the club. While the board members have noticed the pandemic and economic uncertainty with job insecurities are likely the main cause of people not signing up for membership, and not coming out to events, the club has hope that activity will pick up as it was despite covid and economic uncertainty. The club will rely on board members, staff, and riders that attend the shows and help out to keep the club going strong.

At The Barre Riding And Driving Club not only do the people love riding the horses and competing in shows, receiving ribbons after, but the staff take great pride in watching the kids and adults ride. Kat Marsh, treasurer of the Barre Riding And Driving club mentions how much it means to her just to see the kids out there doing what they love. “It’s an unrated show, so they’re competing for ribbons and what have you, and it’s a small audience, you know, but it makes a huge difference to them that that one ribbon whether it’s a blue, red, or yellow one, that they got out there, showed off their skills and had a good time, and you know that’s fun to see”(Marsh). Being able to see the riders doing what they enjoy is a gift to the staff and board members. They’re able to experience the riders doing what they love, and that brings them joy just as much.

Similarly, studies have demonstrated that people with disabilities can be very positively impacted while participating in activity with horses. As a scholarly journal of *Psychosocial Rehabilitation* states, “Increases in happiness of people with complex disabilities when their caregivers participated in mindfulness training” (Singh 2004). The authors in the mindfulness training mentioned how participants felt during the interaction with the horses. They felt “non-judgmentally accepting” and “totally involved with the

individual” (Louise 216). This sheds light on the beneficial aspects riders of different backgrounds receive from engaging in equine activity. Whether it’s ethnicity, personality wise, disability limitations, etc. people from various backgrounds can feel similar, if not the same effects from being around horses. Although access to equine interaction can be unequal, clubs like The Barre Riding And Driving Club can give people with diverse backgrounds the opportunity to experience the joys that come along with engaging in equine activity.

Another aspect is that the Barre Riding And Driving Club not only has services available to equine enthusiasts, but they share their space. In addition, it's not just members from their club that are on their committee, but from other people that use their space, such as people that use the trails to ride their bikes, or hike. Kat Marsh emphasizes the importance of having a diverse group on the committee as she states, “It’s good that we are there on that committee so we can have voices heard. Also on that committee are people from Barre Historical Society, there are people from Rutland, there are bikers, you know, mountain bikers who use the trails” (Marsh). It’s beneficial that there’s different groups on the committee because it improves the communication for the Barre Riding And Driving Club. As a result they’re able to curate more ideas, and there’s acknowledgement from multiple perspectives being heard. Communication is something that the Barre Riding And Driving club takes seriously. Researchers Barbara Crump and Raja Peter suggest that, "All organizations agreed that there were potential benefits of shared services to provide expert service and concentration of specialist skills as well as savings and facilitation of better knowledge sharing and collaboration" (Crump and Peter 21). There can be positive effects within organizations when they not only provide resources for their specific group to use, but share their space and resources with other groups as well.

This club is a volunteer-run organization, so the board is made up entirely of volunteers who donate not just their time, but often their own money. The Barre Riding And Driving Club collects this money from businesses to give out as scholarships. Kat Marsh expands upon the positive impact a scholarship they donated to a college student had. Kat explains, “She applied for our scholarships all four years of college, and she graduated, and she wrote us a very nice letter to say how much the scholarship, as small as it was, it's a few hundred dollars, you know, she probably didn't get more than a thousand dollars in any one given year, but it helped” (Marsh). The club’s fundraising efforts gave this student consistent support to complete college within her career, despite the smaller amount she might have received. Likewise, According to researcher Sailing, “A student completed her biomedical studies through government-granted scholarships—first at Cambridge University, then Karolinska Institute in Sweden for doctoral studies” (Sailing). Whether from organizations or government programs, scholarships small or large, can

make a positive impact in a student's studies. This is why scholarship funding is so beneficial within an organization. When scholarships are provided, these organizations also get recognized from other scenes, and perhaps it may help them to stand out.

In conclusion, The Barre Riding And Driving Club is a great example of an organization that provides a space for horse enthusiasts of all ages and backgrounds, appreciates support from other businesses, and makes everybody feel welcome, creating a strong sense of community.

Works Cited

Burgon, Hannah Louise. "Horses, Mindfulness and the Natural Environment: Observations From a Qualitative Study with At-Risk Young People Participating in Therapeutic Horsemanship." *International Journal of Psychosocial Rehabilitation*, vol. 17, no. 2, July 2013, pp. 51–67. EBSCOhost, research.ebsco.com/linkprocessor/plink?id=bb86da8b-2548-3814-a556-15fe795e90f0.

Saling, Kieve Stone. "A Gift, a Bond, a Prize That Binds: Examining Scholarship Awards in the Era of 'Ethical Internationalisation'." *Studies in Higher Education*, vol. 49, no. 11, 2024, pp. 1998–2015. Taylor & Francis, <https://doi.org/10.1080/03075079.2023.2286324>.

1st String Quality Merchandise with BRDC Logo

BRDC Merchandise will be for sale at all our events this year! We have a limited inventory of colors and sizes, including t-shirts (long- and short-sleeved), vests, jackets, and sweatshirts.



Men's Quarter Zip Sweatshirt



Hooded Sweatshirt



Full Zip Hooded Sweatshirt



Save the dates for upcoming parades:

Memorial Day Parade, Barre
Monday, May 25th

Petersham July 4th Parade,
Saturday, July 4th

Saturday, December 5th Barre Christmas Parade, Barre

Congratulations to our Scholarship Award Winners!

Barre Riding and Driving Club is pleased to announce our 2025 scholarship recipients:

Christiana Dunn, Orange MA
Irene Stolgitis, Hardwick MA
Kelsey Marsh, Barre MA
Jacob Bushey, Winchendon MA

Each of these outstanding scholars will receive a check for \$900 upon completion of their first semester at a higher institution of learning.

Barre Riding and Driving Club offers up to 6 \$600 scholarships each year to local high school students, college students, and other adults who are pursuing higher education. Profits from our June horse show each year are reserved for scholarships. Local businesses also contribute toward our scholarship fund.

Barre Riding and Driving Club is proud to support those in our community who wish to pursue higher education goals.

Join the BRDC Board of Directors and Help Promote Horsemanship and Scholarship in Your Community!

Interested in joining our Board of Directors? Contact BRDC President, Lynne Goodnow lgoodnow@yahoo.com

We Now Take Ads in Hoof Prints

We will now accept ads in Hoof Prints for horse-related items including tack, feed, and supplies. We will also take ads for animals for sale. Please email BarreRidingClub@gmail.com to place, edit, or remove an ad. Ads are free for members and \$25 for non-members.

Sponsors and Resources

Barre Riding and Driving Club would like to thank the following businesses for their support this year! All donations are tax-deductible and go directly toward the six \$600 scholarships we offer to local students pursuing higher education goals. In addition, EquidDoc Veterinarians sponsor four \$200 scholarships for children and adults who attend a camp or clinic, or who participate in intercollegiate or interscholastic programs (IEA, IHSA, Pony Club, 4H). For Equi-Ships you do not need to own your own horse or pony.

EquidDoc generously sponsors four \$200 scholarships for children and adults involved with horses. Get reimbursed for the cost of a camp or clinic. **August 31st, 2026, is the deadline for Equi-ship applications.** More info on the Barre Riding

and Driving Club website:
barreridingdrivingclub.com/scholarships



EquidDoc Veterinarians in Worcester, MA is the premiere ambulatory veterinary practice treating horses, goats, alpacas, sheep and llamas throughout Worcester county, central Massachusetts and beyond. We provide you and your athlete or companion with comprehensive on-the-farm care

for peak health and performance. Our Vets in Worcester, MA provide that care in a collaborative setting, providing you with options from which you select what best meets your animal's unique needs. We are enthusiastic about education and make each visit informative, so you fully understand your animal's condition. Visit EquidDoc at <https://equiddocvet.com/>

Grand Champion Sponsors



<https://www.hardwickfarmers.net/>

Grand Champion and Triple Crown Sponsors



DKBZ Equestrian, LLC
triplecrowntack.com

wrrobinsonlumber.com



Phone: (978) 355-2827
FAX: (978) 355-6899

Richard N. Glidden, Owner
www.rnglidden.com

The logo for R.N. Glidden Landscaping Services features the name "R.N. GLIDDEN" in a large, black, serif font, arched over a green landscape with a single tree. Below the landscape, the words "LANDSCAPING SERVICES" are written in bold, black, sans-serif font. Underneath that, the address "1750 Hardwick Road, New Braintree, MA 01531" is listed. At the bottom, a list of services is provided: "Shrub & Lawn Plantings • Walkways and Retaining Walls, Loam • Power Stone Raking • Bark Mulches".

LANDSCAPING SERVICES
1750 Hardwick Road
New Braintree, MA 01531
Shrub & Lawn Plantings • Walkways and Retaining Walls
Loam • Power Stone Raking • Bark Mulches

The logo for Mitran Removal Service LLC features the word "MITRANO" in a large, bold, green, sans-serif font, arched over a green landscape. Below the landscape, the words "EST. 1992" are written in green, sans-serif font, with a circular logo containing the letters "M" and "R" in the center. Underneath that, the words "REMOVAL SERVICE LLC" are written in bold, green, sans-serif font. At the bottom, the words "Solid Waste & Recycling Company" are written in a smaller, green, sans-serif font.

MITRANO
EST. 1992
REMOVAL SERVICE LLC
Solid Waste & Recycling Company

<https://www.mitranoremoval.com/>

Division Sponsors



rjmenergy.com



healybros.com

jcpools.net

J.C. POOLS

50th Anniversary

White Valley Motors, Inc.

Auto Sales Repairs Mass Inspection



843 Worcester Road
Barre, MA 01005
978-355-2200(ph)
978-355-2212 (fx)
david@whitevalleymotors.com

whitevalleymotors.com



<https://www.wholesomefarmersmarket.com>

Barn Board

Looking for help getting horses ready to Show. If you can and would like showing them yourself. In-hand, Pleasure, and Trail. E-mail me if interested. Larry Underwood eregtrailride@yahoo.com

First and Second cutting Hay; picked-up or delivered. 508-867-7855 Larry or e-mail eregtrailride@yahoo.com

I have a horse who can't be ridden due to kissing spine. He's well behaved and otherwise healthy. I hate to see him without a job, especially since he loves being with people, and wonder if he'd be a candidate to learn to drive. Call 978-423-3232 or email Joy Livergood livergoodjoy@icloud.com

For Sale: A cob harness made by Yonies. It is a black biothane harness. It was only used for ground driving and never hitched to a cart. In excellent condition. Jane Lynds. janel.hfcx@gmail.com

BARRE RIDING AND DRIVING CLUB
2026 MEMBERSHIP APPLICATION

Name _____

Street _____

City: _____ State: _____ Zip: _____

Phone/Cell Phone _____

E-mail address _____

**As most of our club notifications are sent by-email, please note here if you need notifications mailed to you.

Indicate Your Areas of Interest

Show _____ Trail _____ Dressage _____ Gymkhana _____ Driving _____ Other _____

DUES: _____ \$25.00 Individual _____ \$30.00 Family

_____ \$10.00 juniors (under 18)

New Member _____ Renewing Member _____

Please return completed form and check made payable to: Barre Riding & Driving Club (BRDC) to Lynne Goodnow, PO Box 25, Barre MA 01005

Questions regarding membership contact: Lynne Goodnow – lgoodnow@yahoo.com

VISIT US AT – www.barreridingdrivingclub.com/membership

BRDC Membership Includes:

- BRDC Newsletters
- Subscription to Community Horse Magazine
- Discounts on Club Clinics
- Free Member Trail Rides (excluding Spring and Fall Trail Rides)
- Discounts on Spring and Fall Trail Rides
- 3% Discount at Hardwick Farmer's Co-op