



# Hoof Prints



## Barre Riding and Driving Club

Jul - Aug 2024

### In This Newsletter:

- Spring Trail Ride Highlights
- June Clinic Highlights
- Volunteer Form is Live on our Website
- We now take ads in Hoof Prints!
- BRDC Merchandise for sale at all events
- Upcoming Horse Shows
- Riis History – Spring Trail Ride Trail History
- Calendar Events

Barre Riding & Driving Club is a 501(c) 3 non-profit club run by volunteers. We provide academic assistance with annual scholarships, promote community events, and bring together the horse community with funds raised through trail rides, camping weekends, clinics and other events.

### 2024 Officers

Lynne Goodnow, President  
Jane Lynds, Vice-president  
Kat Marsh, Treasurer  
Gail Lent, Membership Chair  
Dave Marsh, Corresponding Secretary  
Jill Poulin, Horse Show Series Chair

### 2024 Directors

Rob Lynds  
Steve Theran  
Marianne Wojcicki  
Stacy Hayes

### Spring Trail Ride Highlights

It was all about the weather! Our Annual Spring Trail Ride took place on Saturday, May 11<sup>th</sup> this year. Thirty-seven riders enjoyed multiple trails including a new trail offering that came about due to months of work by several Board Members who have been hard at work with the Ware River Watershed Advisory Committee Trails Sub-Committed and DCR. The trail offered beautiful views from Crown Hill, the former estate of Jacob Riis (see article in this newsletter). All the folks who tried out the new trail reported that although one small area was gravelly, for the most part the trail was fabulous! We had about an equal number of members and non-members who participated in the ride.



Some folks arrived on Friday and camped out at Felton Field for the weekend. On Friday, folks enjoyed a potluck dinner at the Red Food Booth, followed by chatting around a relaxing camp fire and trying to

catch glimpses of the Northern Lights. Saturday dawned cool but sunny. Riders were provided a full hot breakfast of egg "McFeltons" (English muffin with egg, ham, cheese), hash brown potatoes, and hot coffee/tea which was included with the ride fee. As temperatures warmed to the mid-50s/low 60s with a slight breeze and sunny



skies, riders headed out onto the trails.

Returning riders were provided with dozens of hot lunch options including split pea soup, pulled pork from a Board Member's own home-raised pigs, chicken

ranch casserole, chicken chili, vegetarian minestrone soup, beef stew, and meatball sliders. Along with the hot entrees BRDC offered egg salad, ham and cheese, tossed salad, pasta salad, specialty salads, and PB&J. The dessert table offered multiple types of cookies, brownies, and cupcakes. Riders were also offered water, soda, and of course hot tea/coffee. The lunch options were all included in the ride fee. Many thanks to all the members who contributed toward the impressive lunch options! Many folks opted to camp over on Saturday night as well, extending the fun and making a lovely Mother's Day Weekend complete.



## Equine Emergency First Aid Clinic Highlights



On Sunday, June 2<sup>nd</sup>, Barre Riding and Driving Club hosted a clinic on Equine Health and Emergency First Aid with Bettyann Cernese in Sterling, MA. Thirteen participants learned about equine first aid, exchanged best practices for horse care in an emergency and conducted hands-on practice in groups with four horse-volunteers. Bettyann was a wonderful presenter: calm, knowledgeable, and engaging. Her pacing for delivering information allowed participants to thoroughly absorb the detailed information and review procedures. She shared information about the practice of SULIS, a time-honored approach of partnering with your horse to develop a trusting relationship that can be relied upon, especially during times of stress or anxiety such as if an injury were to happen. Taking vital signs was the first part of the session and after watching Bettyann demonstrate, participants practiced these skills on the horses.

After a lunch break, additional lessons covered when to call the vet, types of wounds, colic, collapse, cast horses, choke, poisoning, burns, and respiratory and lameness issues. Participants practiced applying their new knowledge during a series of "emergency scenarios", in which the horse's injury was attended to with bandaging. After eight scenarios each horse was provided with a treat for their patience. Indeed, the more participants worked with each horse, the calmer and more relaxed each horse became, neatly supporting the concept of SULIS. Participants each received a completion certificate and a spiral-bound equine first aid manual. Thanks to Rocky, Mickey, Justice, and Libby for their patience while we practiced equine first aid on them. Many thanks to Bettyann Cernese for her wonderful presentation and teaching and for her generous donation of \$130 to our club (\$10 for each participant)!



You can find Bettyann Cernese at <https://bettyanncernese.com/>

And learn more about the many wonderful courses that she offers at <https://bettyanncernese.com/equifirstaid>



## Barre Horse Show Series 2024

### We have a 4-show series this year!

To be considered a pre-entry the entry form and payment must be received before the Friday preceding the show.

Checks should be made payable to the organization running the show.



#### **June 23rd BRDC show:**

Entries to: Jill Poulin, 351 Old Petersham Rd. Barre, MA 01005; Checks made payable to Barre Riding and Driving Club or BRDC

#### **July 14th CNEER Show:**

Entries to: Betsy Johnson, 1510 South Street Barre, MA 01005; Checks made payable to Central New England Equine Rescue or CNEER

#### **August 4th CNEER Show:**

Entries to: Betsy Johnson, 1510 South Street Barre, MA 01005; Checks made payable to Central New England Equine Rescue or CNEER

#### **September 15th BRDC Show:**

Entries to: Jill Poulin, 351 Old Petersham Rd. Barre, MA 01005; Checks made payable to Barre Riding and Driving Club or BRDC

More information at: <https://sites.google.com/view/barreshowseries/?usp=sharing>

## September 15th Show Seeking Volunteers!

We need volunteer trainees! Multiple volunteers needed as ring masters and gate keeps to open/close gates between classes and to help organize riders entering/leaving the rings. Concession Stand Volunteers needed to take food orders and process payments, and for preparing and serving food at the food booth. Volunteers are needed for the secretary's booth to collect fees from riders and to help organize show entry rosters. Ring volunteers needed to bring judge's score cards from the judges to the announcer and to hand out individual ribbons in the ring. Ring crew needed to set up jumps when they fall down or move them in height for different classes. Younger horse lovers needed to help run the ribbons from the ribbon table out to the rings. Training and guidance provided on show day! If you are available at any time during the day on Sunday, September 15th please contact us at [BarreRidingClub@gmail.com](mailto:BarreRidingClub@gmail.com)

## Vouchers for Volunteers!

WE WILL BE AWARDING VOUCHERS WORTH \$25 TO EACH VOLUNTEER WHO WORKS FOUR (4) HOURS OR MORE AT OUR HORSE SHOWS. THE VOUCHER CAN BE SPENT ON HORSE SHOW CLASSES OR THE FALL OR SPRING TRAIL RIDES. EACH VOLUNTEER GETS FREE LUNCH AND BEVERAGES THROUGHOUT THE DAY OF THE SHOW FROM OUR FOOD BOOTH. VOLUNTEERS ARE IN NEED FOR MORNING OR AFTERNOON SPOTS.

Visit: <https://barreridingdrivingclub.com/volunteer-recording-form> to record your volunteer hours.

## Trail Ride to Jacob Riis Farm

Many of our Spring Trail Riders were excited to ride a new trail this year. A little history of this trail is in order to increase our enjoyment of this experience. The trail led to spectacular views from Crown Hill, once the country estate of social pioneer, Jacob Riis.



Before moving to Barre and falling so in love with the town that he requested burial in Riverside Cemetery off Granger Road where he rests by his request under an unmarked boulder, Riis was a pioneer social reformer and investigative reporter known for his time spent studying life in the slums of New York City. He wrote the book "How the Other Half Lives: Studies Among the Tenements of New York" detailing the terrible living conditions in the late 1800s and accompanying his writing with stark photographs showing young children living on the streets, apartment buildings carved up into such small spaces that some "apartments" had no windows.

Riis advocated for public housing, curtailing the greed of landlords who took advantage of immigrants and folks moving from the countryside to the city to find work. Riis, an immigrant himself, had suffered this type of abuse when he first arrived in New York City at age 21 in 1870. His work attracted the attention of the city's police commissioner, Theodore Roosevelt, and led to the 1901 Tenement House Act which included new regulations for housing construction, sanitation, and fire escapes. New York City began purchasing land around the city to create reservoirs to protect water quality just as DCR which now owns the Riis property in Barre does today.

In 1911, a now aging Riis was diagnosed with heart

trouble and advised to seek a more peaceful lifestyle. As soon as Riis and his second wife, Mary, looked at the farm at Crown Hill, they fell in love with it. The house then on the property was over 100 years old and was in need of repair, as were the barn and other outbuildings. However, the hill behind the house boasted slopes ideal for fruit trees. The Riis' planted apples, pears, peaches, and cherries and raised chickens, cows, and pigs. They renamed the farm "Pine Hill Farm". The Riis' faced the ordinary challenges of rebuilding the farm with good humor which Riis wrote about in a booklet called "Our Happy Valley" in reference to the Burnshirt River Valley between



Hubbardston and Barre. Riis died in 1914. His wife continued to farm the property for many years. The Commonwealth of Massachusetts took the property to become part of the Ware River Watershed which

protects the greater watershed that provides drinking water to metropolitan Boston. The farm buildings were demolished in 1941, but foundation ruins can still be seen on the trail our Spring Trail Riders traversed from Felton Field.



You can learn more about Jacob Riis and his Barre farm from a Facebook post by Lucy Allen who is associated with the Barre

Historical Society here: <https://www.facebook.com/barrehistoricalsociety/posts/728325515996334>



## 2024 Calendar

April TBD Members Trail Ride – weather permitting

April 27<sup>th</sup> Felton Field Clean Up Day (rain date April 28<sup>th</sup>)

May 11<sup>th</sup> (Sat) Spring Trail Ride at Felton Field – One day ride (camping for the weekend available)

May TBD Clinic – Parade Ready your horse. For members and non-members, price TBD

May 27<sup>th</sup> (Mon) Memorial Day Parade

June 2<sup>nd</sup> Equine Emergency First Aid Clinic

June TBD Members Ride TBD Clinic – for members and non-members, price TBD

June 23<sup>rd</sup> (Sun) Horse Show Series (1) – BRDC

July 4<sup>th</sup> (Thur) Petersham July Fourth Parade

July 14<sup>th</sup> (Sun) Horse Show Series (2) - CNEER

July TBD Members Trail Ride

August 4<sup>th</sup> (Sun) Horse Show Series (3) - CNEER

September TBD Members Trail Ride – Trail ride

September 15<sup>th</sup> (Sun) Horse Show Series (4) - BRDC

September 21 (Sat) Barre 250<sup>th</sup> Anniversary Grand Parade 1pm

October 12<sup>th</sup> & 13<sup>th</sup> Fall Trail Ride Weekend at Felton Field (optional overnight Fri & Sat) Sat & Sun

October TBD (Sun) Northfield Mountain Foliage Ride with Hampshire County Riding Club

November TBD Trail Ride out of North Brookfield

December 7<sup>th</sup> (Sat) Christmas Parade in Barre



## 1<sup>st</sup> String Quality Merchandise with BRDC Logo

BRDC Merchandise will be for sale at all our events this year! We have a limited inventory of colors and sizes, including t-shirts (long- and short-sleeved), vests, jackets, and sweatshirts. See us at the trail rides and shows for current offerings. Cash, check, or debit/credit accepted. Get your BRDC merch before it's gone!



Men's Quarter Zip Sweatshirt



Hooded Sweatshirt



Full Zip Hooded Sweatshirt



Save the dates for upcoming parades:  
Thursday July 4<sup>th</sup>  
Petersham

Saturday, September 21, 2024, Barre's 250<sup>th</sup>

Saturday, December 7<sup>th</sup> Barre Christmas Parade

## Upcoming Calendar Events for 2024

Jun	23 <sup>rd</sup>	BRDC Show
July	14 <sup>th</sup>	CNEER Show
Aug	4 <sup>th</sup>	CNEER Show
Sept	15 <sup>th</sup>	Horse Show
Sept	21 <sup>st</sup>	Barre Parade
Oct	12 <sup>th</sup> & 13 <sup>th</sup>	Fall Trail Ride
Nov	TBD	Trail Ride out of North Brookfield

## Join the BRDC Board of Directors and Help Promote Horsemanship and Scholarship in Your Community!

Interested in joining our Board of Directors? Contact BRDC President, Lynne Goodnow [lgoodnow@yahoo.com](mailto:lgoodnow@yahoo.com)

## We Now Take Ads in Hoof Prints

We will now accept ads in Hoof Prints for horse-related items including tack, feed, and supplies. We will also take ads for animals for sale. Please email [BarreRidingClub@gmail.com](mailto:BarreRidingClub@gmail.com) to place, edit, or remove an ad. Ads are free for members and \$25 for non-members.



## Sponsors and Resources

Barre Riding and Driving Club would like to thank the following businesses for their support this year! All donations are tax-deductible and go directly toward the six \$600 scholarships we offer to local students pursuing higher education goals. In addition, EquidDoc Veterinarians sponsor four \$200 scholarships for children and adults who attend a camp or clinic, or who participate in intercollegiate or interscholastic programs (IEA, IHSA, Pony Club, 4H). For Equi-Ships you do not need to own your own horse or pony.

EquidDoc generously sponsors four \$200 scholarships for children and adults involved with horses. Get reimbursed for the cost of a camp or clinic. **August 31th, 2024, is the deadline for Equi-ship applications.** More info on the Barre

Riding and Driving Club website: [barreridingdrivingclub.com/scholarships](http://barreridingdrivingclub.com/scholarships)

EquidDoc Veterinarians in Worcester, MA is the premiere ambulatory veterinary practice treating horses, goats, alpacas, sheep and llamas throughout Worcester county, central Massachusetts and beyond. We provide you and your athlete or companion with comprehensive on-

the-farm care for peak health and performance. Our Vets in Worcester, MA provide that care in a collaborative setting, providing you with options from which you select what best meets your animal's unique needs. We are enthusiastic about education and make each visit informative, so you fully understand your animal's condition. Visit EquidDoc at <https://equiddocvet.com/>



## Grand Champion Sponsors



<https://www.hardwickfarmers.net/>

## Grand Champion and Triple Crown Sponsors



**DKBZ Equestrian, LLC**  
[triplecrowntack.com](http://triplecrowntack.com)

[wrrobinsonlumber.com](http://wrrobinsonlumber.com)



Phone: (978) 355-2827  
FAX: (978) 355-6899

Richard N. Glidden, Owner  
[www.rnglidden.com](http://www.rnglidden.com)

**R.N. GLIDDEN**

**LANDSCAPING SERVICES**

1750 Hardwick Road

New Braintree, MA 01531

Shrub & Lawn Plantings • Walkways and Retaining Walls  
Loam • Power Stone Raking • Bark Mulches

## Division Sponsors



[rjmenergy.com](http://rjmenergy.com)



[healybros.com](http://healybros.com)

[jcpools.net](http://jcpools.net)

**J.C. POOLS**  **INC.**

*50th Anniversary* | 1974  
2024

## White Valley Motors, Inc.

Auto Sales    Repairs    Mass Inspection



843 Worcester Road  
Barre, MA 01005  
978-355-2200(ph)  
978-355-2212 (fx)  
[david@whitevalleymotors.com](mailto:david@whitevalleymotors.com)

[whitevalleymotors.com](http://whitevalleymotors.com)



<https://www.wholesomefarmersmarket.com>

## Barn Board

Looking for help getting horses ready to Show. If you can and would like showing them yourself. In-hand, Pleasure, and Trail. E-mail me if interested. Larry Underwood [eregtrailride@yahoo.com](mailto:eregtrailride@yahoo.com)

First and Second cutting Hay; picked-up or delivered. 508-867-7855 Larry or e-mail [eregtrailride@yahoo.com](mailto:eregtrailride@yahoo.com)

I have a horse who can't be ridden due to kissing spine. He's well behaved and otherwise healthy. I hate to see him without a job, especially since he loves being with people, and wonder if he'd be a candidate to learn to drive. Call 978-423-3232 or email Joy Livergood [livergoodjoy@icloud.com](mailto:livergoodjoy@icloud.com)

For Sale: A cob harness made by Yonies. It is a black biothane harness. It was only used for ground driving and never hitched to a cart. In excellent condition. Jane Lynds. [janel.hfcx@gmail.com](mailto:janel.hfcx@gmail.com)

**BARRE RIDING AND DRIVING CLUB**  
2024 MEMBERSHIP APPLICATION

Name \_\_\_\_\_

Street \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone/Cell Phone \_\_\_\_\_

E-mail address \_\_\_\_\_

\*\*As most of our club notifications are sent by-email, please note here if you need notifications mailed to you.

Indicate Your Areas of Interest

Show \_\_\_\_\_ Trail \_\_\_\_\_ Dressage \_\_\_\_\_ Gymkhana \_\_\_\_\_ Driving \_\_\_\_\_ Other \_\_\_\_\_

DUES: \_\_\_\_\_ \$25.00 Individual \_\_\_\_\_ \$30.00 Family

\_\_\_\_\_ \$10.00 juniors (under 18)

New Member \_\_\_\_\_ Renewing Member \_\_\_\_\_

(Add a \$5 late fee if renewing after March 31<sup>st</sup>)

Please return completed form and check made payable to: Barre Riding & Driving Club (BRDC) to Lynne Goodnow, PO Box 25, Barre MA 01005

Questions regarding membership contact: Lynne Goodnow – [lgoodnow@yahoo.com](mailto:lgoodnow@yahoo.com)

VISIT US AT – [www.barreridingdrivingclub.com](http://www.barreridingdrivingclub.com)

**BRDC Membership Includes:**

- BRDC Newsletters
- Subscription to Community Horse Magazine
- Discounts on Club Clinics
- Free Member Trail Rides (excluding Spring and Fall Trail Rides)
- Discounts on Spring and Fall Trail Rides
- 3% Discount at Hardwick Farmer's Co-op