



Facilitated by Laura Gallier

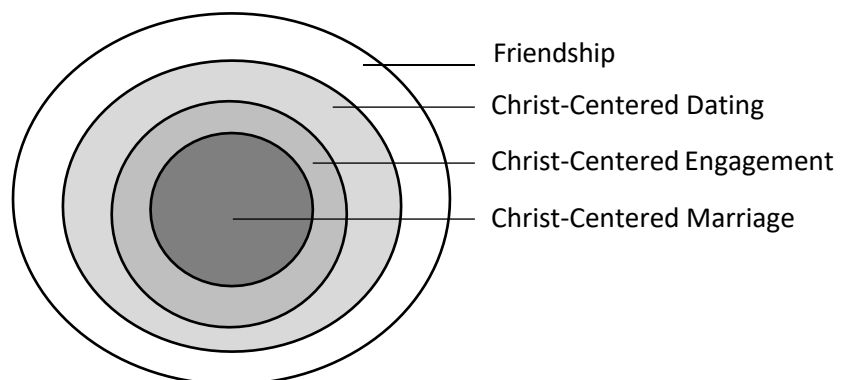
PARENT-STUDENT DISCUSSION QUESTIONS

PART ONE: GOD'S PLAN FOR SEX & FAMILY

1. God created our bodies, sex, attraction, and marriage. What does this say about His authority and wisdom to tell us how to use our bodies, sex, and romantic relationships?
2. Why does God want "two to become one"?
[Reminder: He desires for husbands and wives to stay together and raise children in a loving, secure, Christ-centered home. (Matthew 19:4-6, Malachi 2:15-16)]
3. What are the benefits of people staying married? What are difficulties that come with divorce?
4. Why does God have sex-related boundaries?
[Reminder: Traffic laws are for our protection; so are God's laws.]
5. What are some common lies your friends believe about sex, marriage, and family? What's the truth?
6. What would you say to someone who insists it's unrealistic to save sex for marriage?
[Reminder: Don't confuse unpopular with unrealistic. God gives us His word and the Holy Spirit to help us resist temptation, as well as wisdom to avoid temptation when possible.]

PART TWO: DATING & RELATIONSHIPS

**Purpose and Healthy
Progression of Romantic
Attraction . . .**



1. What are the two kinds of shame? What are the two ways humanity tends to deal with shame? What does Christ offer?
[Reminder: 2 kinds of shame – warranted (I did something sinful) and false shame (something shameful was done to me). Two ways people deal with shame – justify it (my sinful actions aren't sinful) and self-punishment (I hate and abuse myself). Jesus bore our shame on the cross (1 Peter 2:24) and invites us to lay our shame down at the cross and receive righteousness instead.]
2. How might a Christ-centered dating relationship be different than a typical dating relationship?
3. In a dating relationship, how can we know if we are unequally yoked or not with someone? What is missionary dating, and why should we avoid it?
[Reminder: Oxen illustration. Do not be unequally yoked with unbelievers. For what partnership has righteousness with lawlessness? Or what fellowship has light with darkness? 2 Corinthians 6:14. Missionary dating = dating in the hopes of persuading a person to receive Christ.]
4. How can passionate kissing undermine and weaken a person's decision to reserve sex for marriage? What are some wise and practical physical boundaries in dating?
[Reminder: When kissing, the body surges with testosterone in preparation for sexual intercourse. If we're breathing hard, we've gone too far.]
5. Describe some differences between lust and love.
[Reminder: lust satisfies self at the expense of another; love sacrifices for the well-being of another. Love never fails; lust always fails.]
6. What's wrong with the belief that it's okay to have premarital sex as long as I'm in love or planning to marry this person?
7. What do you desire in a future spouse and why? How can you prepare to be a Christ-centered spouse, even now?

PART THREE: PORNOGRAPHY & MEDIA

1. How does pornography go against God's plan for sex and family? How does it affect the brain?
[Reminder: Pornography floods the brain with dopamine, ultimately causing depression, increasing depravity, and atrophy of the frontal lobe.]
2. How do you handle the temptation to look at pornography? Do you need help to stop?
3. Discuss how to L.A.N.D. on your feet when confronted with an inappropriate image.

[Reminder: Look away; Ask God for strength to keep looking away. Notify an adult.
Discuss with your parent(s).]

4. Do you need to make a change in your TV and movie selections? Why or why not?
[Reminder: But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. Ephesians 5:3-4]
5. Do the music lyrics you listen to align with God's word or go against it?
[Reminder: We cannot enjoy the beat while ignoring the words.]
6. How can media choices impact our walk with Christ?

PART FOUR: GENDER IDENTITY & HEALTHY ATTRACTIONS

Christ-ruled vs. Self-ruled

CHRIST-RULED	SELF-RULED
God made our bodies and designed us anatomically for sexual intercourse.	Our bodies and anatomical design are cosmic coincidences without purpose.
I want my sexuality to please God.	My sexuality is for pleasing myself.
I look to God's Word to help me distinguish healthy versus unhealthy attractions and actions.	I decide what an unhealthy attraction is; whatever action I desire, I can justify.
I am who <i>Christ</i> says I am.	I am who I say I am.

1. What's the difference between telling people what the Word of God says (God's instructions) and being a judgmental person?
[Reminder: To judge is to (1) presume to know the motive of someone's heart (why they do what they do), and (2) presume to have the right to decide a person's punishment.]
2. Based on the chart above, discuss the differences between seeking to be who Christ says you are versus defining who you are yourself. Which describes you?
3. When it comes to our gender-specific question (Males: Do I have what it takes to be a man? Females: Am I lovely?), who in your life is answering yes? Who in your life is answering no?
4. What would you say to someone who says a gay person cannot get saved (born-again)?
[Reminder: Do not be deceived: neither the sexually immoral nor idolatrous, nor adulterers nor men who have sex with men... will inherit the kingdom of God. And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of God. 1 Corinthians 6:9, 11.]

There's a big difference in thinking, "I cannot come to Christ because of my sinful lifestyle," (all can come to Christ!) versus, "I don't want to come to Christ and have to give up my sinful lifestyle." (not all are willing)]

5. What would you say to a friend who says he's a Christian who believes his gay lifestyle is acceptable to God?
[Reminder: There are numerous verses that clearly state that homosexual acts are not God's plan for sex. It's better to own the fact that we're living in sin than to try and justify our sinful lifestyle.]
6. What are some principles and truths throughout this series that stood out to you the most and why?

Parents, pray out loud with your child, even if it's outside of your comfort zone. It's better to pray short, one-sentence prayers on a regular basis than to avoid praying with our child altogether. Feel free to read this as your prayer . . .

Heavenly Father, thank You so much for revealing Your good plan for sex and family to my family. I ask You to hide these truths in my child's heart so that he/she will not sin against You, but instead, will seek to honor You all the days of his/her life. Prepare a Christ-centered spouse for my child who will be a faithful, Spirit-led life partner and parent. Break the sin patterns that plagued our ancestors, and give our family a godly heritage of joy-filled, unbroken marriages and vibrant parent-child relationships. Heal us of all shame and reveal to us how to have a meaningful, solid relationship with You all day, every day. In Jesus' name, amen!

HELP FOR SEXUAL ADDICTION RECOVERY

PureCommunity.org/Community-Finder features a national online registry of counselors, seminars, groups and intensives.

BeBroken.org in San Antonio, Texas, offers resources, retreats and support for men seeking to overcome sexual addiction, as well as wives in need of support.

Healingforthesoul.org utilizes online technology to provide sexual addiction counseling and recovery to teens and adults all over the nation. They address all issues related to sexual addiction, including same-sex attraction in minors and adults.

OperationIntegrity.org in Orange County California helps pastors recover from sexual addiction, as well as men of all backgrounds and trades. They also specialize in substance abuse recovery.

CrosstheIsland.com in Portland, Oregon, offers resources and support for sexual addiction recovery.

Purelifealliance.org in Portland, Oregon, offers support groups and resources for men and women struggling with sexual addiction.

Focus On the Family's free counseling hotline – 855-771-HELP (4357)